

SUGGESTED USAGE: Take 1 capsule 3 times daily, or as directed by your healthcare practitioner.

HOW IT WORKS: Everyday life stress can impact adrenal production of cortisol and trigger stress-related eating. Adrenal Cortisol Support™ is a botanical and nutritional formulation that naturally supports a normal adrenal response and helps to promote healthy blood sugar management.* Adrenal Cortisol Support™ features Relora®, a proprietary herbal combination that has clinically demonstrated that it can support healthy cortisol levels, temporarily relieve perceived daily stress, and help manage nervous appetite.*

CAUTIONS/INTERACTIONS: Antacids and NSAIDs may affect the absorption of Chromium. In addition, Chromium may interact with insulin and other diabetes medications. If you are pregnant/lactating, are taking medications, or if you have a health condition, consult your healthcare practitioner before taking this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do Not Eat Freshness Packet. Keep in Bottle.

Natural color variation may occur in this product.

Chromium Chelavite® is a registered trademark of Albion Laboratories, Inc.

*Relora® is a registered trademark of NPI, LLC.

**U.S. Patent No. US 6,582,735.

CODE
P3344
V8



PROTOCOL
FOR LIFE BALANCE®

Adrenal Cortisol Support™

With Relora®

- Supports Healthy Adrenal Response*
- Appetite Management*

Recommended by Hyla Cass, MD

90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	%Daily Value
Vitamin C (from Calcium Ascorbate)	33 mg	37%
Pantothenic Acid (from Calcium Pantothenate)	10 mg	200%
Calcium (from Calcium Carbonate and Ascorbate)	12 mg	1%
Magnesium (from Magnesium Oxide)	8 mg	2%
Chromium (from Chromium Chelavite® AAC**)	20 mcg	57%
Relora®* (a proprietary blend of a patented** extract from <i>Magnolia officinalis</i> bark and a proprietary extract from <i>Phellodendron amurense</i> bark)	200 mg	†
Green Tea Extract (<i>Camellia sinensis</i>) (Leaf) [min. 50% EGCG (Epigallocatechin Gallate)]	90 mg	†
Soy Lecithin	50 mg	†
Ashwagandha Extract (<i>Withania somnifera</i>) (Root)	20 mg	†
Holy Basil Extract (<i>Ocimum tenuiflorum</i>) (Leaf)	20 mg	†
Reishi Mushroom Powder (<i>Ganoderma lucidum</i>)	20 mg	†
Rhodiola Extract (<i>Rhodiola rosea</i>) (Root)	20 mg	†
Banaba Extract (<i>Lagerstroemia speciosa</i>) (Leaf)	4 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Magnesium Stearate (vegetable source) and Silica.

Protocol For Life Balance® 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA protocolforlife.com

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. ***AAC=Amino Acid Chelate