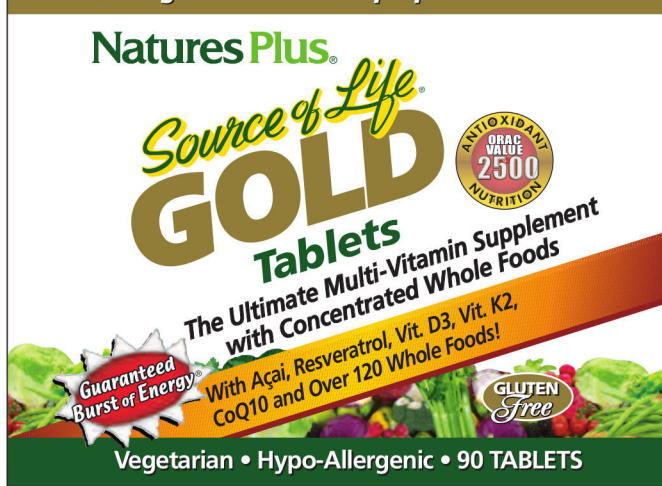




## Nutritional Support for Free-Radical Defense, Natural Energy Production and Overall Well-Being.\*

### Supplement Facts

| Serving Size 3 Tablets                                                                                                                                            | Servings Per Container 30 |         |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|---------|
| Amount Per Serving                                                                                                                                                |                           | %DV     |
| Calories                                                                                                                                                          | 5                         |         |
| Protein                                                                                                                                                           | 1 g                       |         |
| Vitamin A (as beta carotene; from <i>Blakeslea trispora</i> , spirulina and <i>Dunaliella salina</i> ; potentiated by zeaxanthin, lutein, lycopene, xanthophylls) | 15,000 IU                 | 300%    |
| Vitamin C (as ascorbic acid; esterified C [ascorbyl palmitate]; naturally occurring from Organic Gold Standard††)                                                 | 1010 mg                   | 1683%   |
| Vitamin D3 (as cholecalciferol from Lichen)                                                                                                                       | 1000 IU                   | 250%    |
| Vitamin E (as d-alpha tocopheryl succinate)                                                                                                                       | 250 IU                    | 833%    |
| Vitamin K2 (as menaquinone-4 and menaquinone-7)                                                                                                                   | 100 mcg                   | 125%    |
| Thiamin (as thiamine HCl; naturally occurring from Organic Gold Standard††)                                                                                       | 30 mg                     | 2000%   |
| Riboflavin (as riboflavin; naturally occurring from Organic Gold Standard††)                                                                                      | 30 mg                     | 1764%   |
| Niacin (as niacinamide; naturally occurring from Organic Gold Standard††)                                                                                         | 125 mg                    | 625%    |
| Vitamin B6 (as pyridoxine HCl; naturally occurring from Organic Gold Standard††)                                                                                  | 30 mg                     | 1500%   |
| Folate (as calcium-L-5-methyltetrahydrofolate; naturally occurring from Organic Gold Standard††)                                                                  | 425 mcg                   | 106%    |
| Vitamin B12 (as methylcobalamin)                                                                                                                                  | 1000 mcg                  | 16,667% |
| Biotin                                                                                                                                                            | 300 mcg                   | 100%    |
| Pantothenic Acid (as calcium pantothenate; naturally occurring from Organic Gold Standard††)                                                                      | 125 mg                    | 1250%   |
| Calcium (as citrate, organic chelates from <i>Spirulina platensis</i> , di-calcium phosphate and from whole foods)                                                | 250 mg                    | 25%     |
| Iodine (from kelp, potassium iodide)                                                                                                                              | 150 mcg                   | 100%    |
| Magnesium (as aminoate** complex)                                                                                                                                 | 125 mg                    | 31%     |
| Zinc (as aminoate** complex, picolinate)                                                                                                                          | 15 mg                     | 100%    |
| Selenium (as aminoate** complex)                                                                                                                                  | 70 mcg                    | 100%    |
| Copper (chlorophyllin; as aminoate** complex)                                                                                                                     | 4.5 mg                    | 225%    |
| Manganese (as aminoate** complex)                                                                                                                                 | 4 mg                      | 200%    |
| Chromium (as aminoate** complex)                                                                                                                                  | 120 mcg                   | 100%    |
| Potassium (as aminoate** complex; naturally occurring from spirulina)                                                                                             | 60 mg                     | 2%      |

#### Whole Food PhytoAlgae & Organic Mushroom Blend†† 800 mg†

Proprietary complex of Fucacea (*Ascophyllum nodosum*), Laminaria brown algae (*Laminaria digitata*), Irish moss (*Chondrus crispus*), dulse (*Palmaria palmata*), red seaweed (*Lithothamnium calcareum*), spirulina algae (*Spirulina platensis*), bladderwrack (*Fucus vesiculosus*), hijiki (*Sargassum fusiforme*), wakame (*Alaria esculenta*), nori (*Porphyra yezoensis*), kombu (*Laminaria setchellii*); mushrooms: wood ear, Cordysim™ (*Bionectria ochroleuca*), maitake, shiitake, oyster mushroom, white wood ear; chlorophyll (from spirulina and copper chlorophyllin) from concentrate

#### Multi Color Whole Food Blend†† 725 mg†

††Organic Gold Standard Whole Food Complex – Guava (*Psidium guajava*), holy basil (*Ocimum tenuiflorum*), lemon, amla (*Embilica officinalis*) fruit (standardized naturally occurring B complex and vitamin C)

#### Energyizing and Cleansing Green Whole Food Blend (300 mg)

Cooked whole brown rice, spirulina, fructooligosaccharides (FOS), camu-camu, beet greens, cabbage, parsley, celery seed, papaya, broccoli, spinach, pea, milk thistle, Chinese green tea leaf (decaffeinated), turmeric, Korean ginseng, astragalus, *Echinacea purpurea*, green coffee bean, thyme, ligustrum berry, rice bran, chlorella, olive, cucumber, juniper berry

#### Strength and Endurance White Whole Food Blend (120 mg)

Sage, konjac root fiber, acacia, date, banana, potato, horseradish, white tea, *Phaseolus vulgaris* bean, artichoke, parsnip, turnip, cauliflower, ginger, chia, chicory root, garlic, onion, lemon, citrus pectin, bamboo (*Bambusa vulgaris* stem), shiitake mushroom

#### Defense and Repair Yellow Whole Food Blend (115 mg)

Carrot, mango, grapefruit, apple cider vinegar, pear, honeydew melon, pineapple, yellow squash, kiwi, sunflower seed, oregano leaf, pumpkin, fennel seed, annatto seed, clove, hops, rosemary, tangerine, lemongrass, marigold flower, watercress, cinnamon, flax, guava

#### Brain Support Blue Whole Food Blend (65 mg)

Black currant extract, blueberry, blackberry, elderberry, lingonberry, agave, plum, cherry, purple fig, passion fruit, kale, rhubarb root, acerola, beet, hibiscus, pomegranate extract, wolfberry (goji), açai, grape seed extract, carob, prune, rose hips

(continued on next panel)

### Supplement Facts (continued)

|                                                                                                                                                                                                                                                                                                                                                                                                |          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
| <b>Anti-Aging Red Whole Food Blend (65 mg)</b><br>Noni, mangosteen, apple, apricot, cranberry, orange, peach, red raspberry, gooseberry, strawberry, tomato, lycopene, red grape, red wine (alcohol free), black raspberry, bilberry, nopal cactus, purple carrot, schisandra, fenugreek, watermelon                                                                                           |          |
| <b>Amino Acids</b> (from spirulina, Whole Food PhytoAlgae, chia and mineral aminoates) (isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine, tyrosine, glutamine, aspartate)                                                                                 | 510 mg†  |
| <b>Whole Food Omega Fatty Acid and Prebiotic Fiber Blend</b> ..... supplying 85 mg of Omega-3, Omega-9, and other healthful fatty acids (from chia, spirulina, sunflower seed, black currant, borage and flax)                                                                                                                                                                                 | 200 mg†  |
| <b>Enzyme Blend</b> : Bromelain (from pineapple fruit) (80 gelatin digesting units), amylase, lipase, papain (from papaya fruit), betaine HCl, lactase, protease, cellulase, Activescence® (cellulase, pectinase, hemicellulase and xylanase)                                                                                                                                                  | 100 mg†  |
| <b>Anti-Aging Blend</b> : Alpha-lipoic acid, R-lipoic acid, MSM (methylsulfonylmethane), glutathione, NAC (N-acetyl cysteine), turmeric (std. curcumin), grape ( <i>Vitis vinifera</i> ) seed extract (std. proanthocyanidins)                                                                                                                                                                 | 50 mg†   |
| <b>Trans-Resveratrol</b> (from standardized extracts of <i>Polygonum cuspidatum</i> root, grape seed [ <i>Vitis vinifera</i> ], red wine concentrate [alcohol free] [ <i>Vitis vinifera</i> fruit])                                                                                                                                                                                            | 50 mg†   |
| <b>Coenzyme Q10</b> (pharmaceutical grade)                                                                                                                                                                                                                                                                                                                                                     | 50 mg†   |
| <b>Inositol</b>                                                                                                                                                                                                                                                                                                                                                                                | 50 mg†   |
| <b>Bioflavonoid Complex</b> (from <i>Citrus spp.</i> ) (active flavanols, flavanones, flavones & naringin)                                                                                                                                                                                                                                                                                     | 30 mg†   |
| <b>Whole Food Fiber Complex</b> : Apple pectin, arabinogalactan, modified citrus pectin, soluble vegetable oligosaccharides, flax                                                                                                                                                                                                                                                              | 30 mg†   |
| <b>Choline</b> (as bitartrate)                                                                                                                                                                                                                                                                                                                                                                 | 30 mg†   |
| <b>Korean Ginseng Root</b> ( <i>Panax ginseng</i> )                                                                                                                                                                                                                                                                                                                                            | 25 mg†   |
| <b>PABA</b> (para-aminobenzoic acid)                                                                                                                                                                                                                                                                                                                                                           | 25 mg†   |
| <b>RNA</b> (ribonucleic acid) (from spirulina)                                                                                                                                                                                                                                                                                                                                                 | 24 mg†   |
| <b>Quercetin</b> (from <i>Dimorphandra mollis</i> )                                                                                                                                                                                                                                                                                                                                            | 10 mg†   |
| <b>Trace Mineral Complex</b> (soluble prehistoric plant-based minerals and rare earth elements)                                                                                                                                                                                                                                                                                                | 10 mg†   |
| <b>DNA</b> (deoxyribonucleic acid) (from spirulina)                                                                                                                                                                                                                                                                                                                                            | 8 mg†    |
| <b>Chlorophyll</b> (from spirulina)                                                                                                                                                                                                                                                                                                                                                            | 7.5 mg†  |
| <b>Rutin</b> (from <i>Sophora japonica</i> leaf)                                                                                                                                                                                                                                                                                                                                               | 5 mg†    |
| <b>Hesperidin Complex</b> (from <i>Citrus aurantium</i> exocarp)                                                                                                                                                                                                                                                                                                                               | 5 mg†    |
| <b>Carotenoids</b> (from whole foods)                                                                                                                                                                                                                                                                                                                                                          | 4 mg†    |
| <b>Lutein</b> (active carotenoid from marigold flower extract)                                                                                                                                                                                                                                                                                                                                 | 3 mg†    |
| <b>Lycopene</b> (active carotenoid from tomato)                                                                                                                                                                                                                                                                                                                                                | 2.5 mg†  |
| <b>Full Spectrum Probiotic Blend</b> (28 million viable cells at time of manufacture) – supplying <i>Lactobacillus acidophilus</i> , FOS (fructooligosaccharides), <i>L. plantarum</i> , <i>L. casei</i> , <i>L. bulgaricus</i> , <i>L. brevis</i> , <i>L. rhamnosus</i> , <i>L. lactis</i> , <i>Bifidobacterium lactis</i> , <i>B. bifidum</i> , <i>L. sporogenes</i> ( <i>B. coagulans</i> ) | 2 mg†    |
| <b>Boron</b> (as citrate)                                                                                                                                                                                                                                                                                                                                                                      | 1 mg†    |
| <b>Octacosanol</b>                                                                                                                                                                                                                                                                                                                                                                             | 200 mcg† |

†Daily Value (DV) not established. ††See Multi Color Whole Food Blend.

\*\*Whole brown rice chelate. ††For details, visit [www.naturesplus.com](http://www.naturesplus.com).

Other ingredients: Vegetable cellulose, di-calcium phosphate, microcrystalline cellulose, magnesium oxide, stearic acid, magnesium stearate, zinc sulfate, manganese sulfate, silica and pharmaceutical glaze.

Free from artificial colors, preservatives, yeast, wheat, soy and milk.

**DIRECTIONS:** As a dietary supplement, three tablets once daily.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.**

**KEEP OUT OF REACH OF CHILDREN.**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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