

**SUGGESTED USAGE:** Take 1 capsule daily, or as directed by your healthcare practitioner.

**HOW IT WORKS:** Curcumin has long been studied for its neurological support properties; however, it is also known to exhibit generally poor bioavailability, especially with respect to the brain.\* Cogumin SLCP™ features Longvida® Optimized Curcumin, which utilizes Solid Lipid Curcumin Particle (SLCP™) Technology. SLCP™ allows for the absorption and circulation of free, unmetabolized Curcumin, which is generally unavailable from generic or soluble forms of Curcumin. SLCP™ allows free Curcumin to penetrate the blood-brain barrier, where it helps to protect brain tissue from free radical attack and supports normal cognitive function.\*

**CAUTIONS/INTERACTIONS:** Curcumin may interact with anticoagulant and antiplatelet medications. If you are pregnant/nursing, taking these medications, or have a history of liver, gall bladder or gastrointestinal problems, consult your healthcare practitioner prior to use.

CODE P2395 V2



  
**longvida.**

**PROTOCOL**  
FOR LIFE BALANCE®

**Cogumin SLCP™**

**Longvida® Optimized Curcumin  
400 mg**

- Cognitive Support\*
- Circulating Free Curcumin

**50 Veg Capsules**

A Dietary Supplement  
Vegetarian/Vegan



## Supplement Facts

Serving Size 1 Veg Capsule

### Amount Per Serving

|                                                                                  |         |
|----------------------------------------------------------------------------------|---------|
| Longvida® Optimized Curcumin Extract                                             | 400 mg* |
| [from <i>Curcuma longa</i> (Turmeric) Root]<br>(Rhizome) (min. 20% Curcuminoids) |         |

\* Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Flour, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

Contains soy.

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA [protocolforlife.com](http://protocolforlife.com)

Not manufactured with yeast, wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

LONGVIDA® extract is patented under US 9192644 & EP 1993365 (other patents pending) and LONGVIDA® is a registered trademark of Verdure Sciences Inc. SLCP™ is a trademark of Verdure Sciences Inc.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do Not Eat Freshness Packet. Keep in Bottle.