

Daily

**Pre/Post-
Workout**

GNC
PRO PERFORMANCE

L-GLUTAMINE 1500

DIETARY SUPPLEMENT

1500mg Dose to Prime Muscles for Workouts

***Provides Anti-Catabolic Effects & Supports
Muscle Function****

Supports Faster Recovery After Workouts*

90
CAPSULES

CODE 769813

CNG

Glutamine is one of the most abundant amino acids found in muscles. It is involved in protein synthesis and plays an important role in hydrating muscle cells. With this amino acid's great benefits in the body, it will support muscle function.*

DIRECTIONS: As a dietary supplement, take 2-4 capsules daily, preferably 2 capsules before exercise and 2 capsules after exercise.

Supplement Facts

Serving Size Two Capsules

Servings Per Container 45

Amount Per Serving

L-Glutamine

1500 mg*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin.

Potency verified by GNC procedure #5052.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, Sodium Free, No Wheat, No Gluten, No Corn, No Soy, No Dairy, Yeast Free.

ACTUAL SIZE

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:

1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

