

SUGGESTED USAGE: Take 1 softgel 1 to 2 times daily, preferably with food, or as directed by your healthcare practitioner.

HOW IT WORKS: Gamma Linolenic Acid (GLA) is a fatty acid that is naturally found in Borage Oil. Although GLA can be produced in the body, it can be more easily utilized when supplied directly through dietary sources. Through its role in normal immune system function, GLA helps to maintain the integrity of the skin barrier and supports a healthy vascular system.* Furthermore, GLA has been shown to be important for lung, joint, and eye health.* Research has determined that Borage Oil does not contain harmful levels of Pyrrolizidine Alkaloids (PAs). The Borage Oil in this product is expeller-pressed and hexane-free.

CAUTIONS/INTERACTIONS: May cause mild, transient GI upset. GLA may interact with phenothiazines and anti-coagulant medications. Consult your healthcare practitioner before taking this product if you are taking any of these medications or if you have a bleeding disorder or plan to have surgery. Pregnant/nursing women should consult a healthcare practitioner before taking Borage Oil.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

CODE
P1720
V5



**PROTOCOL
FOR LIFE BALANCE®**

Borage/GLA 1000 mg

- 240 mg of GLA
- Expeller-Pressed and Hexane-Free



60 Softgels
A Dietary Supplement

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%*
Polyunsaturated Fat	0.6 g	†
Borage Oil (<i>Borago officinalis</i>) (Seed)	1 g (1,000 mg)	†
Gamma Linolenic Acid (GLA)	240 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, water, glycerin).

Protocol For Life Balance®
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
protocolforlife.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet. Keep in Bottle.