

SUGGESTED USAGE: Take 1 softgel every 2 days with a fat-containing meal, or as directed by a healthcare practitioner.

HOW IT WORKS: The major biologic function of Vitamin D is to maintain healthy blood levels of calcium and phosphorus.* Vitamin D supports bone health by promoting calcium absorption and bone mineralization.* Vitamin D also plays an important role in immune function and helps to regulate cell growth and differentiation.*

CAUTIONS/INTERACTIONS: Although the Upper Limit for Vitamin D is 4,000 IU per day, comprehensive research demonstrates that higher dosages are safe. However, this product should be taken under the supervision of a healthcare professional. Vitamin D should be used cautiously by those taking cardiac glycosides and anyone with hypercalcemia. Vitamin D supplements may interact with atorvastatin and thiazide diuretics. If you are taking any of these prescription medications, consult your healthcare practitioner before using this product.

PROTOCOL
FOR LIFE BALANCE®

High Potency Vitamin D₃ 5,000 IU

- Helps Maintain Strong Bones*
- Supports Immune System*

120 Softgels
A Dietary Supplement



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol) (from Lanolin)	125 mcg (5,000 IU)	625%

Other ingredients: Softgel Capsule (bovine gelatin, water, glycerin) and Extra Virgin Olive Oil.

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA protocolforlife.com

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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