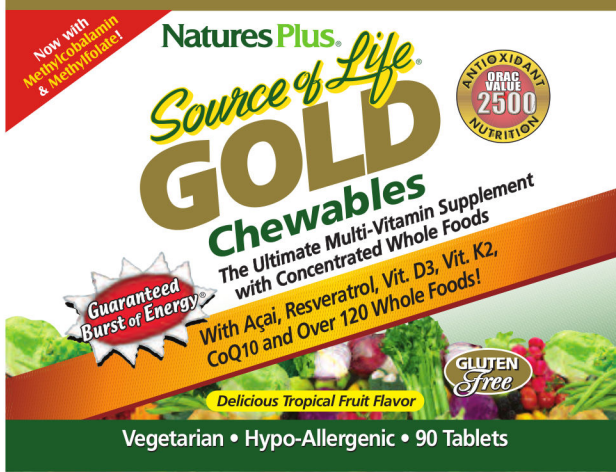




Nutritional Support for Free Radical Defense, Natural Energy Production and Overall Well-Being.*

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, three tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 3 Tablets	Servings Per Container 30	
Amount Per Serving		% DV
Calories	45	
Total Carbohydrate	11 g	4%**
Sugars	5 g	†
Xylitol	6 g	†
Protein	0.5 g	
Vitamin A (as beta carotene; from <i>Blakeslea trispora</i> , spirulina and <i>Dunaliella salina</i> ; potentiated by zeaxanthin, lutein, lycopene, xanthophylls)	15,000 IU	300%
Vitamin C (as ascorbic acid; esterified C [ascorbyl palmitate]; naturally occurring from Organic Gold Standard††)	1010 mg	1683%
Vitamin D3 (as cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl acetate)	250 IU	833%
Vitamin K2 (as menaquinone-4 and menaquinone-7)	100 mcg	125%
Thiamin (as thiamine HCl; naturally occurring from Organic Gold Standard††)	30 mg	2000%
Riboflavin (as riboflavin; naturally occurring from Organic Gold Standard††)	30 mg	1764%
Niacin (as niacinamide; naturally occurring from Organic Gold Standard††)	30 mg	150%
Vitamin B6 (as pyridoxine HCl; naturally occurring from Organic Gold Standard††)	30 mg	1500%
Folate (as calcium-L-5-methyltetrahydrofolate; naturally occurring from Organic Gold Standard††)	425 mcg	106%
Vitamin B12 (as methylcobalamin)	1000 mcg	16,667%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate; naturally occurring from Organic Gold Standard††)	30 mg	300%
Calcium (as citrate, organic chelates from <i>Spirulina platensis</i> , di-calcium phosphate and from whole foods)	200 mg	20%
Iodine (from kelp, potassium iodide)	150 mcg	100%
Magnesium (as whole brown rice amino acid chelate, complex)	125 mg	31%
Zinc (as whole brown rice amino acid chelate, picolinate)	15 mg	100%
Selenium (as whole brown rice amino acid chelate)	70 mcg	100%
Copper (chlorophyllin; as whole brown rice amino acid chelate)	3 mg	150%
Manganese (as whole brown rice amino acid chelate, complex)	4 mg	200%
Chromium (as polynicotinate)	120 mcg	100%
Molybdenum (as sodium molybdate)	90 mcg	100%
Potassium (as whole brown rice amino acid chelate, complex; naturally occurring from spirulina)	60 mg	2%

Whole Food PhytoAlgae & Organic Mushroom Blend†† 800 mg†
 Proprietary complex of Fucaceae (*Ascophyllum nodosum*), Laminaria brown algae (*Laminaria digitata*), Irish moss (*Chondrus crispus*), dulce (*Palmaria palmata*), red seaweed (*Lithothamnium calcareum*), spirulina algae (*Spirulina platensis*), bladderwrack (*Fucus vesiculosus*), hijiki (*Sargassum fusiforme*), wakame (*Alaria esculenta*), nori (*Porphyra yezoensis*), kombu (*Laminaria setchellii*); mushrooms: wood ear, Cordusym™ (*Bionectria ochroleuca*), maitake, shiitake, oyster mushroom, white wood ear; chlorophyll (from spirulina and copper chlorophyllin) from concentrate

Multi Color Whole Food Blend†† 725 mg†
 ††Organic Gold Standard Whole Food Complex – Guava (*Psidium guajava*), holy basil (*Ocimum tenuiflorum*), lemon, acerola (*Malpighia glabra*) fruit (standardized naturally occurring B complex and vitamin C)

Energyizing and Cleansing Green Whole Food Blend (300 mg)
 Cooked whole brown rice, spirulina, fructooligosaccharides (FOS), camu-camu, beet greens, cabbage, parsley, celery seed, papaya, broccoli, spinach, pea, milk thistle, Chinese green tea leaf (decaffeinated), turmeric, Korean ginseng, astragalus, *Echinacea purpurea*, green coffee bean, thyme, ligustrum berry, rice bran, chlorella, olive, cucumber, juniper berry

Strength and Endurance White Whole Food Blend (120 mg)
 Sage, konjac root fiber, acacia, date, banana, potato, horseradish, white tea, *Phaseolus vulgaris* bean, artichoke, parsnip, turnip, cauliflower, ginger, chia, chicory root, garlic, onion, lemon, citrus pectin, bamboo (*Bambusa vulgaris* stem), shiitake mushroom

††For details, visit www.naturesplus.com.

Amount Per Serving

Defense and Repair Yellow Whole Food Blend (115 mg) Carrot, mango, grapefruit, apple cider vinegar, pear, honeydew melon, pineapple, yellow squash, kiwi, sunflower seed, oregano leaf, pumpkin, fennel seed, annatto seed, clove, hops, rosemary, tangerine, lemon-grass, marigold flower, watercress, cinnamon, flax, guava	
Brain Support Blue Whole Food Blend (55 mg) Black currant extract, blueberry, blackberry, elderberry, lingonberry, agave, plum, cherry, purple fig, passion fruit, kale, rhubarb root, acerola, beet, hibiscus, pomegranate extract, wolfberry (goji), açai, grape seed extract, carob, prune, rose hips	
Anti-Aging Red Whole Food Blend (65 mg) Noni, mangosteen, apple, apricot, cranberry, orange, peach, red raspberry, gooseberry, strawberry, tomato, lycopene, red grape, red wine (alcohol-free), black raspberry, bilberry, nopal cactus, purple carrot, schisandra, fenugreek, watermelon	
Amino Acids (from spirulina, Whole Food PhytoAlgae, chia . . . 510 mg† and mineral aminoates) (isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine, tyrosine, glutamine, aspartate)	
Whole Food Omega Fatty Acid & Probiotic Fiber Blend – . . . 200 mg† supplying 25 mg of Omega-3, Omega-9, and other healthful fatty acids (from chia, spirulina, sunflower seed, black currant and borage)	
Enzyme Blend: Bromelain (from pineapple fruit) (80 gelatin digesting units), amylase, lipase, papain (from papaya fruit), betaine HCl, lactase, protease, cellulase, Activessence® (cellulase, pectinase, hemicellulase and xylanase)	100 mg†
Anti-Aging Blend: Alpha-lipoic acid, R-lipoic acid, MSM, glutathione, NAC, turmeric (std. curcumin), grape (<i>Vitis vinifera</i>) seed extract (std. proanthocyanidins)	50 mg†
Trans-Resveratrol (from standardized extracts of <i>Polygonum cuspidatum</i> root, grape seed [<i>Vitis vinifera</i>], red wine concentrate [alcohol free] [<i>Vitis vinifera</i> fruit])	50 mg†
Coenzyme Q10 (pharmaceutical grade)	50 mg†
Inositol	50 mg†
Bioflavonoid Complex (from <i>Citrus spp.</i>) (active flavonols, flavonones, flavones & naringin) 30 mg† , Whole Food Fiber Complex: apple pectin, arabinogalactan, modified citrus pectin, soluble vegetable oligosaccharides, flax 30 mg† , choline (as bitartrate) 30 mg† , Korean ginseng root (<i>Panax ginseng</i>) 25 mg† , PABA (para-aminobenzoic acid) 25 mg† , RNA (ribonucleic acid) (from spirulina), quercetin (from <i>Dimorphandra mollis</i>) 10 mg† , Trace Mineral Complex (soluble prehistoric plant-based minerals and rare earth elements) 10 mg† , DNA (deoxyribonucleic acid) (from spirulina), chlorophyll (from spirulina) 7.5 mg† , rutin (from <i>Sophora japonica</i> leaf) 5 mg† , Hesperidin Complex (from <i>Citrus spp.</i>) 5 mg† , carotenoids (from whole foods) 4 mg† , lutein (from marigold) 3 mg† , lycopene 2.5 mg†	
Full Spectrum Probiotic Blend (28 million viable cells at time of manufacture) – supplying <i>Lactobacillus acidophilus</i> , FOS (fructooligosaccharides), <i>L. plantarum</i> , <i>L. casei</i> , <i>L. bulgaricus</i> , <i>L. brevis</i> , <i>L. rhamnosus</i> , <i>L. lactis</i> , <i>Bifidobacterium lactis</i> , <i>B. bifidum</i> , <i>L. sporogenes</i> (<i>B. coagulans</i>), <i>Streptococcus thermophilus</i>	2 mg†
Boron (as citrate)	1 mg†
Octacosanol	200 mcg†

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.

††See Multi Color Whole Food Blend.

Other ingredients: VitaSweet® (xylitol, agave nectar, fruit juice concentrate, luo han guo fruit extract), magnesium oxide, zinc sulfate, zinc picolinate, manganese sulfate, maltodextrin, guar gum, vegetable cellulose, natural flavors, magnesium stearate, silica and stearic acid.

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PRODUCT NO. 30719



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