

Recharge Your Life – Step Up To The Gold!

**Nature's Plus**  
The Energy Supplements.

Source of Life

GLUTEN  
Free

# Adult GOLD Gummies

MULTI-VITAMIN

With Vit. D3, Vit. K2 and Over 110 Whole Foods

Guaranteed  
Burst of Energy®

The Ultimate Multi-Vitamin Supplement  
with Concentrated Whole Foods

60 Gummies

Orange Grape Cherry

## Supplement Facts

Serving Size 2 Gummies, Servings Per Container 30

| Amount Per Serving                               |          | % DV    |
|--------------------------------------------------|----------|---------|
| Calories                                         | 25       |         |
| Total Carbohydrate                               | 5 g      | 2% **   |
| Sugars                                           | 4 g      |         |
| Vitamin A (as palmitate)††                       | 5,000 IU | 100%    |
| Vitamin C (as ascorbic acid)††                   | 120 mg   | 200%    |
| Vitamin D3 (as cholecalciferol)††                | 1000 IU  | 250%    |
| Vitamin E (as d-alpha tocopheryl acetate)††      | 60 IU    | 200%    |
| Vitamin K2 (as menaquinone-4, menaquinone-7)††   | 100 mcg  | 125%    |
| Thiamin (as thiamine HCl)††                      | 3 mg     | 200%    |
| Riboflavin††                                     | 3.4 mg   | 200%    |
| Niacin (as niacinamide)††                        | 40 mg    | 200%    |
| Vitamin B6 (as pyridoxine HCl)††                 | 4 mg     | 200%    |
| Folate (as calcium-L-5-methyltetrahydrofolate)†† | 400 mcg  | 100%    |
| Vitamin B12 (as methylcobalamin)††               | 1000 mcg | 16,667% |
| Biotin††                                         | 100 mcg  | 33%     |
| Pantothenic Acid (as calcium pantothenate)††     | 4 mg     | 40%     |
| Calcium (as citrate)††                           | 20 mg    | 2%      |
| Iodine (as potassium iodide)††                   | 20 mcg   | 13%     |
| Magnesium (as citrate)††                         | 20 mg    | 5%      |
| Zinc (as citrate)††                              | 6 mg     | 40%     |
| Copper (as citrate)††                            | 0.1 mg   | 5%      |
| Manganese (as citrate complex)††                 | 0.1 mg   | 5%      |
| Potassium (as ascorbate)††                       | 2 mg     | <1%     |
| PABA (para-aminobenzoic acid)                    | 800 mcg  | †       |
| Choline (as bitartrate)                          | 10 mcg   | †       |
| Inositol                                         | 10 mcg   | †       |

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.

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Other ingredients†: Organic rice syrup, organic evaporated cane juice, organic sugar, water, gelatin, citric acid, natural flavors and colors (from fruits and vegetables), pectin, pineapple fruit, apple fruit, sunflower oil, lemon bioflavonoids, spirulina (naturally rich in essential nutrients), rose hips, whole brown rice, broccoli, spinach, mango fruit, carrot, West Indian cherry, papaya fruit; ††**Organic Gold Standard Potentiating Nutrients** (*Algas calcareas*, guava, holy basil, lemon, amla, annatto extract, moringa extract, rice protein), microcrystalline cellulose; **Multi-Color Whole Food Blend** (Energizing and Cleansing **Green Whole Food Blend** (cooked whole brown rice, spirulina, fructo- oligosaccharides [FOS], beet greens, cabbage, parsley, celery seed, papaya, broccoli, spinach, pea, Chinese green tea leaf [decaffeinated], turmeric, Korean ginseng, green coffee bean extract, thyme, rice bran, chlorella, kelp, olive, cucumber); **Strength and Endurance White Whole Food Blend** (sage, konjac root fiber, acacia, date, banana, potato, horseradish, white tea, *Phaseolus vulgaris* bean, artichoke, parsnip, turnip, cauliflower, ginger, chia, chicory root, garlic, onion, lemon, citrus pectin, bamboo extract, shiitake mushroom); **Defense and Repair Yellow Whole Food Blend** (carrot, mango, grapefruit, apple cider vinegar, pear, honeydew melon, pineapple, yellow squash, kiwi, sunflower seed, oregano leaf, pumpkin, fennel seed, annatto seed, clove, hops, rosemary, tangerine, lemon grass, marigold flower, watercress, cinnamon, flax); **Brain Support Blue Whole Food Blend** (black currant extract, blueberry, blackberry, elderberry, lingonberry extract, agave, plum, cherry extract, purple fig, passion fruit, kale, rhubarb root, acerola, beet, hibiscus, pomegranate extract, juniper berry, wolfberry [goji], açai, grape seed extract, carob, prune); **Anti-Aging Red Whole Food Blend** (noni, mango-steen, apple, apricot, cranberry, orange, peach, red raspberry, gooseberry, strawberry, tomato, lycopene, red grape, red wine [alcohol-free], black raspberry, bilberry, nopal cactus, purple carrot, fenugreek, watermelon); di-calcium phosphate, silica, stearic acid, beta carotene, Activesence® (a patented enzyme-activation system-Cellulase, Pectinase, Hemicellulase and Xylanase), lactic acid (from cane sugar), CoQ10. †Potentiated with organic whole foods. See website for details.

### Nutritional Support for Free Radical Defense, Natural Energy Production and Overall Well-Being.\*

Free from artificial colors, preservatives, yeast, wheat, soy and milk.

**DIRECTIONS:** As a dietary supplement, two gummies once daily.

**STORE AT ROOM TEMPERATURE. TO MAINTAIN PRODUCT QUALITY, PROTECT FROM EXTREME HEAT (ABOVE 90°F [32°C]). KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.**

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT NO. 30722



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