

## ANTIOXIDANT BLEND

Flax · Coconut · Acerola Açai · Camu Camu

Omega-3 · Vitamin C Complex · Fiber



NET WT. 12 oz (340 g)

natural source of fiber, ALA Omega-3, essential amino

acids and lignans.

Barlean's Antioxidant Blend combines the nutritional power of superfoods to defend your body against the effects of harmful free radicals.\* Our potent combination of organic flaxseed, coconut, açai, acerola cherry and camu camu provides you with

vital Omega-3 (ALA), dietary fiber, Vitamin C and an array of antioxidants. GROUND FLAXSEED: Our organic ground flaxseed is a

**UNSWEETENED SHREDDED COCONUT: A natural source** of fiber, minerals, and healthy medium-chain fatty acids (MCTs), unsweetened shredded coconut also contains a range of nutrients.

ACAI: These Amazonian berries contain anthocyanin antioxidants such as resveratrol and important vitamins and minerals.

ACEROLA CHERRY: This fruit from South and Central America contains Vitamin C and bioflavonoid antioxidants. CAMU CAMU: This mild-tasting rainforest fruit contains carotenoid antioxidants, Vitamin C, dietary fiber and amino acids.

- · Certified Organic, Vegan
- Non-GMO, Gluten Free

SUGGESTED USE: Sprinkle into oatmeal, smoothies, juices, salads and yogurt to add flavor and texture - or enjoy straight from the bag. To ensure freshness, refrigerate after opening.

LEARN MORE ABOUT A PATHWAY TO A BETTER LIFE:

barleans.com 800/445-3529

Barlean's Ferndale, WA 98248 Certified Organic by QAI US-0RG-050





FRESHNESS AND POTENCY GUARANTEED THROUGH:



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**Nutrition Facts** 

Serving Size 2 Tbsp (12 g) Servings Per Container 28

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mount Per Serving	
alories 70	Calories from Fat 50
	% Daily Value
otal Fat 5 n	8%

Saturated Fat 1.5 g Trans Fat 0 g Polyunsaturated Fat 3 g Monounsaturated Fat 1 g Cholesterol 0 mg

Sodium 0 mg 0% Total Carbohydrate 3 g Dietary Fiber 3 g Sugars 0 g

Protein 2 g

Vitamin A 0% Vitamin C 6% Calcium 2% Iron 4% \*Percent Daily Values are based on a 2,000 calorie diet.

**INGREDIENTS:** Organic flaxseeds, organic coconut, organic açai powder, organic acerola powder, and organic camu camu powder.