

INTRA/POST RECOVERY STACK

Leucine



12:1:1

The Most Powerful Muscle Building BCAA Ratio In The World*

6.2g of Leucine in every scoop!

Isoleucine

Valine

The 3 BCAAs
(Branched-Chain Amino Acids)

LEUCINE
The Muscle Building Phenom
Leucine is by far the most powerful of the 3 BCAAs as it cannot convert to energy. This muscle building superstar is strictly ketogenic, so it is used to trigger muscle protein synthesis (growth).*

ISOLEUCINE
Essential Amino Acid
Isoleucine while essential, is both glucogenic and ketogenic, and can be converted to glucose for energy during your workout.*

VALINE
Essential Amino Acid
Valine while essential, is strictly glucogenic and can also be converted to glucose for energy during your workout.*

GLUTAMINE
2.5g to 5g
Glutamine makes up approximately 60% of muscle tissue. It has been shown to act as a powerful muscle cell volumizer, stimulate protein synthesis and decrease muscle protein loss.*

AMINO RECOVERY HYDRATION

30 SERVINGS

6.2g LEUCINE

2.5g GLUTAMINE

0 CARBS & CALORIES

GLUTEN FREE

BANNED SUBSTANCE FREE

INFORMED-CHOICE .ORG
Trusted by sport



BCAA PEAK™
LEUCINE LOADED
12:1:1

ALL NATURAL FLAVORS & SWEETENERS

DIETARY SUPPLEMENT
NET WT. 415.8g (14.6oz.)

RED RASPBERRY
Naturally Flavored

INTRA/POST RECOVERY STACK

Supplement Facts

Serving Size: 1 scoop (13.86g) 2 scoops (27.72g)
Servings Per Container: 30 Servings 15 Servings

	Amount Per Serving	%DV	Amount Per Serving	%DV
Calcium (as Calcium Silicate)	47mg	5%	94mg	9%

BCAA Peak 12:1:1				
L-Leucine	6.2g	†	12.4g	†
L-Isoleucine	500mg	†	1000mg	†
L-Valine	500mg	†	1000mg	†
L-Glutamine	2.5g	†	5g	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Stevia, Citric Acid Anhydrous, Malic Acid, Sodium Citrate, Natural Flavors, Beet Root Powder.

ALLERGEN INFORMATION: Produced in a facility that also processes milk, tree nuts, peanuts, eggs, soy, shellfish, fish, and wheat.

Suggested Use: As a dietary supplement, mix 1 scoop with 16 oz of water and consume before, during and/or after training. BCAA Peak™ is best taken in one of two ways: 1. As an intra/post workout drink mix. 2. Immediately after exercise and before your post workout shake (Nitro-Peak™ or Lean Mass-Peak™). Additional servings may be used to meet your daily amino acid requirements.

Manufactured for and Distributed by Inner Armour® Sports Nutrition
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860-656-7720

Manufactured in a GMP certified facility.

Protect from heat, light and moisture.
Do not purchase if seal is broken.
Keep out of reach of children.
Store at 15-30°C (59-86°F).

CONSULT YOUR HEALTHCARE PROFESSIONAL PRIOR TO USE IF YOU HAVE OR SUSPECT A MEDICAL CONDITION, ARE TAKING PRESCRIPTION DRUGS, OR ARE PREGNANT, OR LACTATING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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***Informed-Choice is a quality assurance program for sports nutrition products. The program certifies that all nutritional supplements that bear the Informed-Choice logo have been tested for banned substances by the world class sports anti-doping lab, LGC.

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