

SUGGESTED USAGE: Take 1 capsule 1 to 3 times daily, or as directed by your healthcare practitioner.

HOW IT WORKS: Milk thistle (*Silybum marianum*) has been used by traditional herbalists for centuries. Silymarin, an extract of milk thistle, is composed of a family of flavonoids, including Silybin, with smaller amounts of Silydianin and Silychristin. Milk thistle has been shown to support the production of glutathione by the liver.* Studies indicate that the constituents in Silymarin may help to support healthy liver function.* This vegetarian formula also includes extracts of Artichoke & Dandelion for additional support.

CAUTIONS/INTERACTIONS: Milk Thistle may interact with some drugs, including acetaminophen. May trigger mild, transient GI discomfort. Consult your healthcare practitioner if you are pregnant/lactating or if you suffer from obstruction of the bile ducts, gallstones, or gallbladder dysfunction. Do not take this product if you have an allergy to plants of the Asteraceae family.

Natural color variation may occur in this product.

CODE P4739 V5



PROTOCOL
FOR LIFE BALANCE®

Milk Thistle Extract

300 mg / 80%

Liver Support Formula*

• With Artichoke & Dandelion

90 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Milk Thistle Extract	300 mg*
(<i>Silybum marianum</i>) (Fruit and Seeds)	
(Standardized to 80% Silymarin Flavonoids)	
Dandelion Root (<i>Taraxacum officinale</i>)	100 mg*
Artichoke (<i>Cynara scolymus</i>) (Leaf)	50 mg*

* Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Silica and Magnesium Stearate (vegetable source).

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA protocolforlife.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Do Not Eat Freshness Packet. Keep in Bottle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.