

SUGGESTED USAGE: Take 1 softgel 3 times daily with food, or as directed by your healthcare practitioner.

HOW IT WORKS: Berberine is a natural constituent of herbs such as goldenseal, Oregon grape, and barberry. Clinical studies have demonstrated that Berberine helps to support already normal glucose and lipid metabolism.* Berberine is, however, known for its limited bioavailability; therefore, this product includes Caprate (C10, a Medium Chain Triglyceride) to promote optimal absorption and maintenance of gastrointestinal comfort during Berberine supplementation.*

CAUTIONS/INTERACTIONS: Do not use if you are pregnant, may become pregnant, or are breast feeding. This product may cause mild gastrointestinal discomfort. If you are taking medications (especially anti-diabetes medications, CYP3A4 substrates such as cyclosporine, CYP2D6 substrates, or CYP2C9 substrates such as dextromethorphan) or have a medical condition, consult your healthcare practitioner prior to use.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Natural color variation may occur in this product.

CODE
P4600
V1



PROTOCOL
FOR LIFE BALANCE®

Glucose Management

with Berberine HCl

- Supports Glucose and Lipid Levels Already Within the Normal Range*
- Optimal Berberine Absorption and GI Tolerability

90 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	< 1%*
Saturated Fat	0.5 g	3%*
Berberine HCl (from <i>Berberis aristata</i> bark)	400 mg	†
MCT (Medium Chain Triglycerides) Oil	700 mg	†
Capric Acid (C10) (from MCT Oil)	238 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, caramel color), Beeswax and Sunflower Lecithin.

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA protocolforlife.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NATUROKINETICS® (NK) is a compilation of scientific data that details how nutrients and natural substances are absorbed, distributed, metabolized by and eliminated from the body. Protocol For Life Balance® products are fully tested in our cGMP inspected facilities to meet or exceed label claims.