



42g
PROTEIN

2g
SUGAR

READY-TO-DRINK VANILLA

Natural & Artificial Flavors

4 - 15 FL. OZ. (443 mL) Cans - Net wt. 60 FL. OZ. (1.77 L)

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Nutrition Facts

Serving Size 1 Can (15 fl. oz (443 mL))
Servings Per Container 4

Amount Per Serving		Calories from Fat 10
Calories 200		%Daily Value**
Total Fat 1g	2%	
Saturated Fat 0.5g	3%	
Cholesterol 45mg	15%	
Sodium 150mg	6%	
Potassium 230mg	7%	
Total Carbohydrate 6g	2%	
Dietary Fiber 2g	8%	
Sugars 2g		
Protein 42g	84%	
Vitamin A 0%		Vitamin C 0%
Calcium 100%		Iron 0%

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Water, Ultra-Filtered Skim Milk, Milk Protein Concentrate, Whey Protein Concentrate, Natural and Artificial Flavors (contains caramel color), Cellulose Gel, Sucralose, Cellulose Gum, Sodium Hydroxide, Acesulfame Potassium, Carrageenan, Salt.

Contains milk ingredients.



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YOU ARE WILLING TO GO ABOVE AND BEYOND DURING TRAINING and your protein shake should be ready to do the same when you need it most. Body Fortress® Protein Shakes were designed to go above and beyond normal ready-to-drink products by making it easier than ever to recover and rebuild after training with 42g of a Premium Protein Blend.

42g PREMIUM PROTEIN BLEND TO BUILD LEAN MUSCLE & STRENGTH*

WHEY + CASEIN BLEND FROM MILK PROTEIN TO BOOST POST-WORKOUT RECOVERY*

4 READY-TO-DRINK SHAKES FOR EASY ON-THE-GO CONVENIENCE

CONTAINS ZERO ASPARTAME – ZERO GLUTEN – ZERO GIMMICKS

HAVE YOU MADE SUPER ADVANCED CREATINE PART OF YOUR TRAINING?

ADD SUPER ADVANCED CREATINE to your training routine and amplify your results with maximum performance and strength. Our advanced formula is designed to help you increase reps, recover faster, and build more muscle so you can push the bar higher every workout.



PRE:

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake. KEEP OUT OF REACH OF CHILDREN. SHAKE GENTLY SERVE CHILLED. REFRIGERATE AFTER OPENING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Body Fortress
YOUR BODY - YOUR FORTRESS®
For more information on other Body Fortress products or for complete training and nutrition programs, visit www.bodyfortress.com.

USA Made in the USA
Manufactured by Body Fortress Nutrition, Inc. Bohemia, NY 11716 U.S.A.

GLUTEN FREE

CSMP Certified Sports Medicine Professional

Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-216-5980

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