YOU ARE WILLING TO GO ABOVE AND BEYOND DURING TRAINING and your protein shake should be ready to do the same when you need it most. Body Fortress® Protein Shakes were designed to go above and beyond normal ready-to-drink products by making it easier than ever to recover and rebuild after training with 42g of a Premium Protein Blend.

- 42g PREMIUM PROTEIN BLEND TO BUILD LEAN MUSCLE & STRENGTH*
- WHEY + CASEIN BLEND FROM MILK PROTEIN TO BOOST POST-WORKOUT RECOVERY*
- 4 READY-TO-DRINK SHAKES FOR EASY ON-THE-GO CONVENIENCE
- CONTAINS ZERO ASPARTAME – ZERO GLUTEN – ZERO GIMMICKS

BODY X FORTRESS®

42g PROTEIN | 2g SUGAR

PERFORMANCE + RECOVERY + PERFORMANCE + RECOVERY +

PROTEIN SHAKE

READY-TO-DRINK
VANILLA
Natural & Artificial Flavors

4 - 15 FL. OZ. (443 mL) Cans - Net wt. 60 FL. OZ. (1.77 L)
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

22-65773

BODY X FORTRESS®

Directions: For adults, drink one (1) to two (2) cans per day to support your daily high protein and calorie needs. For best results, drink one can immediately following your workout to help support recovery.

Nutrition Facts

Serving Size 1 Can (15 fl. oz (443 mL))
Servings Per Container 4

Amount Per Serving	
Calories 200	Calories from Fat 10
	%Daily Value*
Total Fat 1g	2%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 150mg	6%
Potassium 230mg	7%
Total Carbohydrate 6g	2%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 42g	84%
Vitamin A 15%	Vitamin C 0%
Calcium 100%	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:	2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium		3,500mg 3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Water, Ultra-Filtered Skim Milk, Milk Protein Concentrate, Whey Protein Concentrate, Natural and Artificial Flavors, Contains caramel color), Cellulose Gel, Sucralose, Acesulfame Potassium, Soy Lecithin, Cellulose Gum, Carrageenan, Salt.

Contains milk ingredients.

*Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

FREE OF: yeast, wheat.

KEEP OUT OF REACH OF CHILDREN

SHAKE GENTLY SERVE CHILLED

REFRIGERATE AFTER OPENING

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured for
United Sports Nutrition, Inc.
Bohemia, NY 11716 U.S.A.
1-800-213-1980

BODY X FORTRESS®
YOUR BODY. YOUR FORTRESS.™
For more information on other Body Fortress® products or for online ordering, visit www.bodyfortress.com

Made in the USA
Some of the ingredients are sourced from outside the USA

GMP

GLUTEN FREE

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HAVE YOU MADE SUPER ADVANCED CREATINE PART OF YOUR TRAINING?

ADD SUPER ADVANCED CREATINE to your daily routine and amplify your results with maximum performance. Our advanced formula is designed to help you increase reps, recover faster, and build more muscle so you can push the bar higher every workout.◊

PRE: