

Suggested Use: Take one rounded teaspoon, one to three times a day. Dissolve into a glass of water or juice and stir briskly. Drink immediately.

WARNING: Take this product with at least 8 ounces (full glass) of water or other fluid. Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. If you have difficulties in swallowing or breathing after taking this product, seek medical attention.

QUALITY AND POTENCY GUARANTEED.

These statements have not been evaluated by the FDA. Product is not intended to diagnose, treat, cure, or prevent any *diseases*.



Formulated for:
Vitabase.com
Monroe, GA 30656

vitabase

Natural Fiber

Concentrate

DIETARY SUPPLEMENT
14 oz. (396 g)

Supplement Facts

Serving Size: 1 Teaspoon (4.5 g)

Servings per Container: 88

	Amount	% DV
Calories	15	
Total Carbohydrates	3.5 g	<1% §
Dietary Fiber	2 g	8%
Sugars	1.5 g	*
Protein	< 1 g	

§ Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Other Ingredients: Sweet Dairy Whey (Milk), Psyllium Seed Powder, Rice Bran, Apple & Citrus Pectin, Guar Gum, Reishi Mushroom, Lactobacillus Acidophilus (Milk) and Natural Vanilla Flavor.

Contains no yeast, artificial colors, flavors or preservatives. No sodium added.

Vitabase uses only high quality ingredients.