YOU ARE WILLING TO GO ABOVE AND BEYOND DURING TRAINING and your protein shake should be ready to do the same when you need it most. Body Fortress® Protein Shakes were designed to go above and beyond normal ready-to-drink products by making it easier than ever to recover and rebuild after training with 42g of a Premium Protein Blend.

- 42g PREMIUM PROTEIN BLEND TO BUILD LEAN MUSCLE & STRENGTH*
- WHEY + CASEIN BLEND FROM MILK PROTEIN TO BOOST POST-WORKOUT RECOVERY*
- 4 READY-TO-DRINK SHAKES FOR EASY ON-THE-GO CONVENIENCE
- CONTAINS ZERO ASPARTAME – ZERO GLUTEN – ZERO GIMMICKS

HAVE YOU MADE NOS BLAST PART OF YOUR TRAINING?

ADD NOS BLAST to your pre-workout routine and start unleashing the full force of your training. Our high-powered formula is designed to deliver enhanced mental focus, increased strength, and explosive energy through your workout.◊

Make every workout your best performance with NOS Blast.

PRE:

BODY X FORTRESS®

42g PROTEIN | 2g SUGAR

PERFORMANCE + RECOVERY + PERFORMANCE + RECOVERY + PROTEIN SHAKE

READY-TO-DRINK CHOCOLATE

Naturally Flavored

4 - 15 FL. OZ. (443 mL) Cans - Net wt. 60 FL. OZ. (1.77 L)

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

22-55771

Directions: For adults, drink one (1) to two (2) cans per day to support your daily high protein and calorie needs. For best results, drink one can immediately following your workout to help support recovery.

Nutrition Facts

Serving Size 1 Can (15 fl. oz (443 mL))
Servings Per Container 4

Amount Per Serving	
Calories 200	Calories from Fat 15
	%Daily Value*
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 80mg	3%
Potassium 386mg	11%
Total Carbohydrate 6g	2%
Dietary Fiber 3g	12%
Sugars 2g	
Protein 42g	84%
Vitamin A 0%	Vitamin C 0%
Calcium 100%	Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Water, Ultra-Filtered Skim Milk, Milk Protein Concentrate, Milk Protein Isolate, Cocoa Processed with Alkali, Natural Flavor, Cellulose Gum, Sucralose, Natural Flavor, Cellulose Gum, Acesulfame Potassium, Carrageenan, Salt.

Contains milk ingredients.

*Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

FREE OF: yeast, wheat, artificial color, artificial flavor.

KEEP OUT OF REACH OF CHILDREN

SHAKE GENTLY SERVE CHILLED

REFRIGERATE AFTER OPENING

◊These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured for
United States Nutrition, Inc.
Bohemia, NY 11716 U.S.A.
1-800-215-5980

BODY X FORTRESS®
YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for questions please visit us at www.bodyfortress.com

cGMP

GLUTEN FREE

Made In The USA

65771 00A B65771
0 74312 65771 1 9