

Omega-3 "950" is Solgar's highest concentration of the natural Omega 3 polyunsaturates EPA and DHA from cold-water fish. It is molecularly distilled to remove mercury and other harmful contaminants.

Solgar® Omega-3 "950" Softgels are free of yeast, wheat, gluten and dairy products and are formulated without the use of artificial flavors, preservatives or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free 1-877-SOLGAR 4  
[www.solgar.com](http://www.solgar.com)



# OMEGA-3 "950"

**EPA & DHA**

**HELPS TO PROTECT HEART HEALTH  
PURIFIED TO ELIMINATE MERCURY  
& OTHER CONTAMINANTS**

**DIETARY SUPPLEMENT  
50 SOFTGELS  
GLUTEN, WHEAT & DAIRY FREE**

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%DV
Calories	15	
Calories from Fat	15	
Total Fat	1.5 g	2%*
Cholesterol	5 mg	2%*
Total Omega-3 Polyunsaturates†	950 mg	**
Providing:		
EPA (eicosapentaenoic acid)	504 mg	**
DHA (docosahexaenoic acid)	378 mg	**

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\* Daily Value (DV) not established.

Ingredients: Fish Oil, Gelatin, Vegetable Glycerin, Natural Mixed Tocopherols. Contains fish (anchovy, sardine, mackerel).

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) softgel twice daily, preferably with a meal, or as directed by a healthcare practitioner.

If you are pregnant, nursing, using anticoagulant drugs, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. EPA and DHA should be consumed minimum 250 mg/day and maximum 3 g/day.

Keep out of reach of children.

Solgar® is a registered trademark of Solgar Holdings Inc.

† As Ethyl Esters

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CAREFULLY MANUFACTURED FOR:

**SOLGAR, INC., 500 WILLOW TREE ROAD, LEONIA, N.J. 07605 U.S.A.**

