

Vitamin C is a water-soluble vitamin that helps fight free radicals, which can lead to oxidative stress and the premature aging of cells. One of its primary functions is collagen formation, which is important for healthy skin and joints. Vitamin C also plays an essential role in the functioning of white blood cells, which are vital components of the immune system. It helps to promote cardiovascular health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
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Since 1947

VITAMIN C 500 MG

ANTIOXIDANT SUPPORT*
IMMUNE SUPPORT*

Non-GMO
GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGANS



250 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving	%DV
Vitamin C	500 mg 556%

DV= Daily Value

Ingredients: L-Ascorbic Acid, Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Magnesium Stearate.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule one to two times daily, preferably with meals or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

