

At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.



NUTRITION FROM THE SOURCE™

ORIGINAL APPLE CIDER VINEGAR DIET

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. #1241
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured for
Vitamin World, Inc.
Holbrook, NY 11741 U.S.A.
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Product No. 1241 B1241 04D



DIRECTIONS: For adults, take three (3) tablets daily, preferably with a meal.

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	5	
Total Carbohydrate	2 g	1%**
Dietary Fiber	<1 g	3%**
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1,250%
Calcium	123 mg	12%
Phosphorus	96 mg	10%
Chromium (as Chromium Amino Acid Chelate)	200 mcg	167%
Sodium	65 mg	3%
Apple Cider Vinegar	720 mg	***
Apple Pectin (fruit)	150 mg	***
Gymnema (<i>Gymnema sylvestre</i>) (leaf)	600 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate. Contains <2% of: Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid. Contains soy ingredients.

B1241 04D



DIET & LIFESTYLE

Sugar & Energy Metabolism*
See enclosed diet plan

90 COATED TABLETS | VEGETARIAN DIETARY SUPPLEMENT

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No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.
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DIET & LIFESTYLE

Sugar & Energy Metabolism*

See enclosed diet plan

90 COATED TABLETS | VEGETARIAN
DIETARY SUPPLEMENT

Apple Cider Vinegar Diet brings together the benefits of traditional apple cider vinegar with a unique blend of nutrients and herbs. Chromium helps to promote sugar metabolism, while Vitamin B-6 supports protein and energy metabolism.* We've also incorporated Apple Pectin, a water soluble dietary fiber, and the traditional herb Gymnema Sylvestre, to round out this unique formulation. When used with the enclosed diet plan and a daily exercise program, Apple Cider Vinegar Diet puts you on track towards meeting your dietary goals!

See enclosed diet plan. It is important to check with your health care providers before beginning any diet and exercise program.