

Anti-Aging

Collagen
Protein Shake20 grams
of protein | 10 grams of collagen
10 grams of whey protein

- + replenishes collagen*
- + supports hair, skin & nails*
- + boosts dietary protein
- + promotes healthy joints*
- + fights the effects of aging*
- + maintains strong bones*

Designed for a healthy lifestyle on-the-go, Youtheory® Anti-Aging Collagen Protein Shake is the perfect enhancement to your daily routine. With 20 grams of high-quality protein per serving, this Collagen and Whey protein blend supplies intensive nourishment for the active body.* This product has been specially formulated to help counter the signs of natural aging and to provide an array of functional & nutritional benefits your body will love.*

age beautifully



Anti-Aging

Collagen
Protein Shakevanilla | 20 grams of protein | 10 grams of collagen
10 grams of whey protein

Net Wt. 24 oz (1 lb. 8 oz) (680 g)

dietary supplement



Suggested Use: Mix one (1) scoop with 8 ounces of cold water, juice or milk (rice milk, nut milk or cow's milk). For a thicker consistency, try adding fruit, ice or yogurt. Blend.

Supplement Facts

Serving Size: One (1) scoop (34.7 g)

Servings Per Container: 19 (by weight)

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	110		Thiamin (as Thiamine Mononitrate)	1.5 mg	100%	Iron (as Reduced Iron)	18 mg	100%
Calories from Fat	5		Riboflavin	1.7 mg	100%	Iodine (as Potassium Iodide)	150 mcg	100%
Total Fat	1 g	1%**	Niacin (as Niacinamide)	20 mg	100%	Magnesium (as Magnesium Oxide)	400 mg	100%
Total Carbohydrate	4 g	1%**	Vitamin B6 (as Pyridoxine HCl)	2 mg	100%	Zinc (as Zinc Oxide)	15 mg	100%
Dietary Fiber	2 g	8%**	Folic Acid	400 mcg	100%	Copper (as Copper Gluconate)	2 mg	100%
Sugars	3 g		Vitamin B12 (as Cyanocobalamin)	6 mcg	100%			
Protein	20 g	40%**	Biotin	300 mcg	100%	Proprietary Blend	23.24 g	†
Vitamin A (as Acetate)	5,000 IU	100%	Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	100%	Hydrolyzed Collagen		
Vitamin C (as Ascorbic Acid)	60 mg	100%	Calcium (as Dicalcium Phosphate)	1,000 mg	100%	Whey Protein Concentrate		
Vitamin D (as Cholecalciferol)	400 IU	100%				Whey Protein Isolate		
Vitamin E (as d-alpha Tocopheryl Acetate)	30 IU	100%						

**Daily Values are based on a 2,000 calorie diet

†Daily Value not established

Other Ingredients: Fructose, natural vanilla flavor, non-fat dry milk, FOS (fructooligosaccharides), oat (bran) fiber, guar gum, pomegranate (fruit) extract (5:1), silicon dioxide.

Contains: Milk.

This product is manufactured in a facility that processes fish extracts. May contain sulfite residues.

Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool and dry place after opening.

manufactured by:



phone | 1.888.271.8976

web | youtheory.com

irvine, ca 92618 U.S.A.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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