

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations

1-2 capsules 2 times daily
with food or as directed by
your healthcare professional.

Warning

If pregnant, consult your
physician before taking.

CONTAINS NO COATINGS, BINDERS, YEAST,
WHEAT, GLUTEN, MILK/DAIRY, CORN PROTEIN,
SOY PROTEIN, EGGS, SUGAR, HYDROGENATED
OIL, ARTIFICIAL COLORING, ARTIFICIAL
FLAVORING OR PRESERVATIVES.

Independently tested for
authenticity, potency, heavy metals,
solvent residue, herbicide & pesticide
residue, aflatoxins, stability and
bacteria, yeast and mold counts.



Flax Lignan
SDG 78mg

DIETARY SUPPLEMENT
60 CAPSULES

VEG
CAPS

Supplement Facts

serving size: 1 capsule

servings per container: 60

	amount per serving
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SDG (secoisolariciresinol-diglucoside)	78mg*
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This amount of Flax Lignan SDG per capsule is
equal to the amount contained in 1 tablespoon of
ground flaxseeds (approximately 7 grams).

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule,
Rice Powder, Calcium Carbonate. May contain
Ascorbyl Palmitate and/or Silica.

MADE IN THE USA

manufactured by
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA