

SUGGESTED USAGE: Take 3 mini-tablets per day. Gentle enough to be taken on an empty stomach or with food.

Supplement Facts

Serving Size: 3 Mini-Tablets
Servings per Container: 60

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Beta-carotene) 10000 IU	200%	Molybdenum (as Amino Acid Chelate) 75 mcg	100%
Vitamin C (as Ascorbic Acid) 90 mg	150%	Boron (as Glycinate) 0.1 mg	*
Vitamin D (as Cholecalciferol) 500 IU	125%	Vibrant Skin Blend 442 mg	*
Vitamin E (as D-alpha Tocopheryl Succinate) 30 IU	100%	Ginger (root) Juice Extract, Organic Spirulina, Citrus Bioflavonoid Complex, Organic Carrot (root), Chlorophyll	
Vitamin K (as Menquinone) 45 mcg	56%	Organic Rainbow Whole Foods Blend 79 mg	*
Thiamin (Vitamin B-1) 30 mg	2000%	Organic Beet (root), Organic Broccoli (plant), Organic Kale (leaf), Organic Spinach (leaf), Organic Blackberry (fruit), Organic Blueberry (fruit), Organic Cranberry (fruit)	
Riboflavin (Vitamin B-2) 30 mg	1764%	Probiotic & Probiotic Digestive Blend 34 mg	*
Niacin (as Niacinamide) 30 mg	150%	Organic Cranberry (seed) Extract (15 mg), Amylase (321 DU), Protease (Endo- and Exopeptidase) (1286 HUT), Xylanase (171 XU), Maltase (9 DP), Glucoamylase (0.9 AGU), Hemicellulase (132 HCU), Beta-glucanase (37 BGU), Phytase (0.08 FTU), Cellulase (51 CU), Bromelain (10714 PU), Alpha-galactosidase (9 GalU), Lipase (47 FIP), Lactase (15 ALU), Invertase (6 SU), Probiotic Active™ (Bacillus coagulans) (100,000,000 CFU)	
Vitamin B-6 (as Pyridoxine HCl) 30 mg	1500%		
Folate (as Folic Acid) 240 mcg	60%		
Vitamin B-12 (as Methylcobalamin) 30 mcg	500%		
Biotin 300 mcg	100%		
Pantothenic Acid (as Calcium Pantothenate) 6 mg	60%		
Calcium (from Mineral-rich Marine Algae) 150 mg	15%		
Iron (as Amino Acid Chelate) 9 mg	50%		
Iodine (from Inactivated S. cerevisiae) 100 mcg	67%		
Magnesium (as Aspartate) 75 mg	19%		
Zinc (as Citrate) 13 mg	87%		
Selenium (as Selenomethionine) 200 mcg	286%		
Copper (as Glycinate) 1.3 mg	65%		
Manganese (as Citrate) 2 mg	100%		
Chromium (as Picolinate) 200 mcg	167%		

Other Ingredients: microcrystalline cellulose. Coating: vegetable glaze.

Distributed by Wellnext™ LLC
Sunrise, FL 33323 USA 800.571.4701 www.rainbowlight.com ©2016
78081 Rev. 1.0-0

Give your teen the nourishment she needs to support an active, on-the-go lifestyle with our advanced, research-based formula.* It features a comprehensive range of vitamins and minerals in potencies targeted for teenage girls' specific health needs, our robust rainbow blend of fruits and vegetables, plus custom-crafted nutrient blends to support healthy, vibrant skin.*

- Ginger, spirulina and chlorophyll, plus vitamins A, C and zinc for skin health*
- Iron & bioavailable B vitamin blend for mood, energy and stress support*
- Probiotics, prebiotics and plant-source enzymes to help ease digestion and promote gut health*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

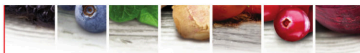
Consult your health care professional prior to use if you are taking medication or have a medical condition.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Teen Girl's Multivitamin plus Healthy Skin Support*

Made with Whole Foods



Vegetarian • Gluten-Free
180 Mini-Tablets • Dietary Supplement

Truly Custom Nutrition for Your Truly Vibrant Life.

At Rainbow Light®, we believe the supplements you take should be designed to meet the needs of your lifestyle, in order to help you live a healthy and vibrant life. Here's what you can expect from what's inside this box:

Mindful Formulations

Clinically researched ingredients in potencies that go beyond meeting daily values to support a vibrant, healthy lifestyle*

Food-Based & No GMOs

Made with fruits and vegetables and absolutely nothing that's been genetically engineered



Made with natural, purity-tested ingredients and NO artificial preservatives, colors, flavors or sweeteners.

Contains NO: gluten, wheat, milk, tree nuts, peanuts, soy, eggs, fish, or shellfish. Non-GMO



Eco Guard® Packaging
100% Recycled & 100% Recyclable



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