



SYNTRAX®

Trophix™

ULTRA SUSTAINED-RELEASE PROTEIN

5.0

- Ⓢ Micellar Casein Blend with Whey Protein & Egg Albumin
- Ⓢ Glutamine Peptides
- Ⓢ Creamy, Full-Bodied Texture
- Ⓢ Mixes Instantly
- Ⓢ Delicious in Water or Milk

Strawberry Smoothie

Net Weight: 5.00 lb (2.27 kg)

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Trophix™ combines four diverse protein sources (casein, egg albumin, whey protein and glutamine peptides) into one versatile product. Casein, the major protein source in Trophix™, is a slow-acting protein that is absorbed into the body over an extended period of time. This not only provides the body with a lasting source of amino acids, but also creates long-term feelings of satiety and fullness.

Completing Trophix's™ unique blend are whey protein, egg albumin and glutamine peptides. Whey is a fast-acting protein source which supports the immune system and supplies the body with tissue-building bursts of amino acids. Egg albumin is a well-rounded, medium-release protein that perfectly promotes the growth and maintenance of lean muscle tissue with its excellent amino acid profile and abundance of growth factors. Finally, glutamine peptides is a protein source unmatched in its ability to provide bioavailable glutamine, one of the most important building blocks in the human body. By imparting the unique benefits of these diverse proteins, Trophix™ is clearly the perfect protein powder to support both short- and long-term health and recovery.

As with all Syntrex® products, Trophix™ uses only the highest-quality protein sources and flavoring agents. These ingredients may be more expensive than those used in other protein powders, but they taste delicious, ensure instant mixability and retain all of their health benefits. With Trophix™, you'll never have to choke down a clump-filled, awful-tasting protein shake again.

Nutrition Facts

Serving Size: 1 Level Scoop (31g)
Servings Per Container: 75

Amount Per Serving		% Daily Value*	
Calories	120		
Calories from Fat	10		
Total Fat 1g 2%			
Saturated Fat	0g	0%	
Trans Fat	0g	0%	
Cholesterol	10mg	3%	
Sodium	100mg	4%	
Potassium	60mg	3%	
Total Carbohydrates	4g	1%	
Dietary Fiber	0g	0%	
Sugars	3g		
Protein	23g	46%	
Vitamin A	0%	Vitamin C	0%
Calcium	25%	Iron	0%
Phosphorus	25%	Magnesium	0%
*Percent Daily Values are based on a 			
	Calories:	2,000	2,500
Total Fat	Less than	85g	85g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate	300g	375g	
Dietary Fiber	50g	50g	
Protein	50g	85g	
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4

Important Amino Acids

Per 100 Grams of Protein

Arginine*	3.5g
Glutamine*	8.5g
Histidine*	2.5g
Isoleucine*	5.0g
Leucine*	9.0g
Lysine*	6.7g
Methionine*	2.5g
Phenylalanine*	5.0g
Threonine*	3.5g
Tryptophan*	1.3g
Valine*	5.8g

* Essential Amino Acids
† Branched-Chain Amino Acids
* Important Nonessential Amino Acids

INGREDIENTS: Dairy protein blend (milk protein concentrate*, whey protein concentrate*), non-dairy protein blend (hydrolyzed wheat gluten*, egg albumin*), natural and artificial flavors, soy lecithin, salt, acesulfame-K, sucralose, FD&C Red #40.

- * Ultrafiltered and undenatured; includes micellar casein
- * Promina™ brand; ultrafiltered and undenatured
- * Source of glutamine peptides
- * Undenatured

SUGGESTED USE: Mix one scoop of Trophix™ per 8 oz of water or milk. For those with lower protein needs, one half scoop may be consumed with 4 oz of water or milk. Note the extra calories when combined with milk. Consume Trophix™ two to three times per day to satisfy your protein requirements. Remember, the best times for consuming protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Trophix™ mixes instantly with a spoon and tastes great . . . GUARANTEED!

This product is packed by weight, not volume. Some settling may have occurred during transportation. Keep out of direct sunlight and store in a cool, dark place.

Notice: Use this product as a food supplement only. Do not use for weight reduction.



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