



SUGGESTED USE
SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 5 times
per day. Best taken between meals.

Keep Out of the Reach of Children
Store away from heat & light

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LEMON BALM

NERVOUS SYSTEM

Calming*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Lemon Balm Liquid Extract

Support for a Calm Mind & Mild, Occasional Anxiety*

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
Lemon Balm leaf (<i>Melissa officinalis</i>) [Ⓢ] [Ⓡ] extract 675 mg [Ⓢ]	†

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol
(45-55%) & vegetable glycerin. **Non-GMO & Gluten-Free**

- Ⓢ Certified Organic Ⓡ Fresh (undried)
Ⓢ Extraction rate 467 mg fresh herb per 0.7 ml.

Fresh herb / menstruum ratio: 1 : 1.5

HERB PHARM • WILLIAMS, OR 97544
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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.