

**SUGGESTED USAGE:** Take 4 capsules daily with food, preferably in divided doses, or as directed by your healthcare practitioner.

**HOW IT WORKS:** Microcrystalline Hydroxyapatite (MCHA) is a natural compound that makes up the crystalline matrix of bone and teeth, and is the substance that gives them their rigidity.\* MCHA consists of highly absorbable calcium and phosphorus, which are the major mineral components of bone.\* Bone Support Formula is a comprehensive bone support product that includes Magnesium and trace minerals, as well as Vitamins C, D and K<sub>2</sub> to aid in the synthesis and maintenance of healthy bone tissue.\*

**CAUTIONS/INTERACTIONS:** For adults only. Some ingredients in this product may interact with certain medications. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Not manufactured with wheat, gluten, soy, milk, egg or fish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Do Not Eat Freshness Packet. Keep in Bottle.**  
Natural color variation may occur in this product.

CODE  
P1228B  
V10



**PROTOCOL**  
FOR LIFE BALANCE®

# Bone Support Formula

- MCHA for Bone & Teeth Structure\*
- With Additional Minerals for Comprehensive Support\*

**180 Capsules**  
A Dietary Supplement



## Supplement Facts

Serving Size 4 Capsules    Servings Per Container 45

|                                                            | Amount Per Serving | % Daily Value |
|------------------------------------------------------------|--------------------|---------------|
| Calories                                                   | 5                  |               |
| Protein (from MCHA** and Amino Acid Chelates)              | 1 g                | 2%*           |
| Vitamin C (from Magnesium Ascorbate)                       | 133 mg             | 222%          |
| Vitamin D <sub>3</sub> (as Cholecalciferol)                | 667 IU             | 167%          |
| Vitamin K <sub>2</sub> (as Menaquinone-4) (MK-4)           | 67 mcg             | 84%           |
| Thiamin (Vitamin B <sub>1</sub> ) (from Thiamin HCl)       | 3 mg               | 200%          |
| Calcium (from MCHA**)                                      | 667 mg             | 67%           |
| Phosphorus (from MCHA**)                                   | 287 mg             | 29%           |
| Magnesium (from Magnesium Oxide and Ascorbate)             | 400 mg             | 100%          |
| Zinc (from Zinc Amino Acid Chelate)                        | 7 mg               | 47%           |
| Copper (from Copper Amino Acid Chelate)                    | 0.7 mg             | 35%           |
| Manganese (from Manganese Amino Acid Chelate)              | 2 mg               | 100%          |
| Horsetail Herb ( <i>Equisetum arvense</i> ) (Aerial Parts) | 67 mg              | †             |
| Boron (from Boron Amino Acid Chelate)                      | 467 mcg            | †             |

\* Percent Daily Values are based on a 2,000 calorie diet.    † Daily Value not established.

Other ingredients: Gelatin (capsule), Magnesium Stearate (vegetable source), Silica, Glucosamine Potassium Sulfate Complex, Stearic Acid (vegetable source) and Cellulose.

Contains shellfish (crab, shrimp, lobster, crayfish).

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\*\*MCHA = Microcrystalline Hydroxyapatite