A Natural Approach to Reproductive Health

Natures Plus.



Multivitamin & Mineral Dietary Supplement





DIRECTIONS: As a dietary supplement, two capsules once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. **WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Supplement Facts

Serving Size 2 Capsules, Servings Per Container 30

Amount Per Se	Amount Per Serving	
Vitamin C (as ascorbic acid) Vitamin D3 (cholecalciferol) Vitamin E (as d-alpha tocopheryl succinate) Vitamin K2 (as menatetrenone) Thiamin (as thiamine HCI) (vitamin B1) Riboflavin (vitamin B2) Vitamin B6 (as pyridoxine HCI) Folate (as calcium-L-5-methyltetrahydrofolate) Vitamin B12 (as methylcobalamin) Pantothenic Acid (as calcium pantothenate) Calcium (as amino acid chelate) Iron (as amino acid chelate) Magnesium (as amino acid chelate, oxide) Selenium (as L-selenomethionine) Copper (as gluconate) Manganese (as amino acid chelate) Manganese (as amino acid chelate)	00 IU	100% 100% 500% 125% 1333% 1176% 1000% 1000% 333% 100% 5% 28% 66% 166% 143% 100% 250% 100%
L-arginine (free form amino acid) 100 mg † Ferti-Forté Whole Food Blend 50 mg † Acerola cherry, apple pectin, black currant seed, broccoli, bromelain (from pineapple fruit), carrot, chlorella, green cabbage, Norwegian kelp, parsley, rose hips, spinach, spirulina, sunflower oil, watercress, cucumber, fig, brown rice, garlic‡, date, maca (<i>Lepidium meyenii</i> root), Korean ginseng (<i>Panax</i>)‡ L-carnitine (as L-carnitine-L-tartrate) 50 mg † L-taurine 50 mg † Pacific Oyster Extract (<i>Crassostrea gigas</i> Thunberg) 50 mg † Turmeric (<i>Curcuma longa</i> rhizome) 50 mg † (standardized 95% [47.5 mg] curcumin)		
†Daily Value (DV) not established. ‡Standardized extract		

Other ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, vegetable cellulose and purified water. Contains soy and mollusk.

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