Collagen

Collagen is a major structural protein found in healthy skin, joints, bones, blood vessels and connective tissue throughout the body. As aging occurs, collagen naturally diminishes over time. Youtheory® Collagen Liquid supplies 5,000 mg of hydrolyzed collagen type 1 & 3 (per single serving) to help combat age-related collagen loss.*



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





Collagen

advanced formula

type 1 & 3 18 amino acids

14 fluid oz (414 ml)

supplement

Suggested Use: (Adults) Take one (1) tablespoon per day - undiluted or mixed with water, juice or your favorite beverage. Shake well before each use. Refrigerate after opening. Best if used within 45 days after opening.

Supplement Facts

Serving Size: One (1) tablespoon (15 ml) Servings Per Container: 27

	Amount Per Serving	% Daily Value
Calories	30	
Total Carbohydrate	3 g	1%*
Sugars	2 g	†
Protein	5 g	10%*
Biotin	100 mcg	33%
Sodium	10 mg	<1%
Hydrolyzed Collagen (bovine)	5 g	†
Proprietary Blend	3 g	†

Cranberry Juice Concentrate, Pomegranate Juice Concentrate, Acerola (fruit) extract, Blueberry Juice Concentrate, Green Tea (leaf) extract (38% polyphenols), Hyaluronic Acid (Sodium Hyaluronate)

*Daily Values are based on a 2,000 calorie diet †Daily Value not established

Other Ingredients: Purified water, organic cane sugar, citric acid, natural flavors, potassium sorbate and sodium benzoate (to protect freshness).

May contain sulfite residues.

Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. KEEP OUT OF REACH OF CHILDREN.

manufactured by:



phone | 1.888.271.8976 youtheory.com irvine, ca 92618 U.S.A.





