

Contains No Added sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) capsule with eight (8) oz. of water, four (4) to eight (8) times daily, or as directed by a health care professional. Store in a cool, dry place and away from direct light. Keep out of reach of children.

NOTICE: This product contains psyllium husks. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because psyllium husks may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

QUALITY AND POTENCY GUARANTEED.



Formulated for:
Vitabase.com
Monroe, GA 30656

vitabase

Fiber Clean

Psyllium Husks (Plantago Ovata)

DIETARY SUPPLEMENT
100 CAPSULES

Supplement Facts

Serving Size: 1 Capsule	Amount	% DV
Psyllium husk powder (Plantago ovata)	500 mg	*

* Daily Value Not Established

Other Ingredients: Gelatin (capsules), (May contain one or more of the following; rice powder, vegetable stearin, magnesium stearate and silica).

Psyllium husks are a natural bulk laxative that promote the evacuation of the bowel by increasing fiber in the diet.

Vitabase uses only high quality ingredients.