

SUGGESTED USAGE: Take 2 capsules per day, with or between meals.

Nourish your whole body and get the support you need to handle the stress of a busy life with our advanced, research-based formula.* It features a comprehensive range of vitamins and minerals targeted for a woman's distinct health needs, our robust rainbow blend of fruits and vegetables, plus custom-crafted nutrient blends to support your lifestyle.*

- High levels of bioavailable B vitamins, plus magnesium for stress support*
- DIM to support estrogen metabolism and boron to promote bone health*
- Probiotics, prebiotics and plant-source enzymes to help ease digestion and promote gut health*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Consult your health care professional prior to use if you are pregnant, nursing, taking medication or have a medical condition.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Women's Multivitamin plus Stress Support*

Made with Whole Foods



Vegetarian • Gluten-Free

120 Capsules • Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules
Servings per Container: 60

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Beta-carotene)	5000 IU 100%	Citrus Bioflavonoid Complex	25 mg *
Vitamin C (as Ascorbic Acid)	55 mg 92%	DIM (Dindolylmethane) Complex	10 mg *
Vitamin D (as Cholecalciferol)	1000 IU 250%	Antioxidant Food Complex	25 mg *
Vitamin E (as D-alpha Tocopheryl Succinate)	15 IU 50%	Turmeric (rhizome) Extract,	
Vitamin K (as Phytonadione, Menaquinone)	120 mcg 150%	Broccoli (sprout) Powder,	
Thiamin (Vitamin B-1)	25 mg 1667%	Organic Apple (fruit) Extract	
Riboflavin (Vitamin B-2)	25 mg 1471%	Organic Rainbow Vibrant	
Niacin (as Nicotinamide)	25 mg 125%	Foods Blend	80 mg *
Vitamin B-6 (as Pyridoxine HCl)	25 mg 1250%	Organic Spirulina, Organic Beet	
Folate (as Folic Acid, Calcium L-5-Methyltetrahydrofolate)	240 mcg 60%	(root), Organic Broccoli (plant),	
Vitamin B-12 (as Methylcobalamin)	50 mcg 833%	Organic Kale (leaf), Organic	
Biotin	300 mcg 100%	Spinach (leaf), Organic Blackberry	
Pantothenic Acid (as Calcium Pantothenate)	5 mg 50%	(fruit), Organic Blueberry (fruit),	
Calcium (from Mineral-rich Marine Algae)	100 mg 10%	Organic Carrot (root),	
Iron (as Amino Acid Chelate)	6 mg 33%	Organic Cranberry (fruit)	
Iodine (from Inactivated S. cerevisiae)	150 mcg 100%	Prebiotic & Probiotic	
Magnesium (as Aspartate)	50 mg 13%	Digestive Blend	41 mg *
Zinc (as Citrate)	11 mg 73%	Ginger (root) Juice Extract	
Selenium (as Selenomethionine)	200 mcg 286%	(20 mg*), Organic Cranberry	
Copper (as Glycinate)	1.1 mg 55%	(seed) Extract (10 mg*),	
Manganese (as Citrate)	2.3 mg 115%	Amylase (184 DU*), Protease	
Chromium (as Picolinate)	200 mcg 167%	(Endo- and Exopeptidase)	
Molybdenum (as Amino Acid Chelate)	45 mcg 60%	(735 HUT*), Xylanase (98 XU*),	
Boron (as Glycinate)	1 mg *	Maltase (5 DP*), Glucoamylase	

Other Ingredients: organic brown rice concentrate.
Capsule: vegetable polysaccharide.

Distributed by Wellnext™ LLC
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