

SUGGESTED USAGE: Adults take 4 capsules daily. Gentle enough to be taken on an empty stomach or with food. Capsules may be opened to sprinkle on food or mix into a drink.

Get the energy and vitality you need to meet the demands of your busy life with our advanced, research-based formula.* It features a comprehensive range of vitamins and minerals targeted for a man's distinct health needs, a robust blend of organic fruits and vegetables, plus custom-crafted nutrient blends to support your lifestyle.*

- Organic hawthorn, organic green tea and organic schisandra combined with bioavailable B vitamins to support energy and vitality*
- Organic spirulina and vitamins C, D, E and Zinc to support immune health*
- Probiotics, prebiotics and plant-source enzymes to help ease digestion and promote gut health*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. Consult your health care professional prior to use if you are taking medication or have a medical condition.



Men's Multivitamin plus Energy & Vitality*

Made with Organic Fruits & Vegetables



Vegetarian • Gluten-Free

120 Capsules • Dietary Supplement

Supplement Facts

Serving Size: 4 Capsules
Servings per Container: 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Beta-Carotene)	2500 IU 50%	Men's Energy & Vitality Blend	288 mg *
Vitamin C (as Ascorbic Acid)	60 mg 100%	Organic Green Tea [leaf] 5:1 Extract,	
Vitamin D (as Cholecalciferol)	1000 IU 250%	Organic Hawthorn [fruit] 12:1 Extract,	
Vitamin E (as D-alpha Tocopheryl Succinate)	30 IU 100%	Organic Schisandra [fruit] 9:1 Extract,	
Thiamin (Vitamin B-1)	27 mg 1800%	Resveratrol Complex (from <i>Polygonum cuspidatum</i>)	
Riboflavin (Vitamin B-2)	25 mg 1471%	Organic Antioxidant Fruit & Vegetable Blend	1056 mg *
Niacin (as Niacinamide)	30 mg 150%	Organic Spirulina, Organic Acai [fruit] Powder, Organic Lycium [fruit] 7:1 Extract, Organic Pomegranate [fruit] 8:1 Extract, Organic Blueberry [fruit] Powder, Organic Broccoli [plant] Powder, Organic Kale [leaf] Powder, Organic Beet [root] Powder	
Vitamin B-6 (as Pyridoxine HCl)	18 mg 900%	Prebiotic & Probiotic Digestive Support Blend	838 mg *
Folic Acid	400 mcg 100%	Organic Inulin (from Agave sp. (700 mg)*), Organic Milk Thistle [seed] 4:1 Extract (48 mg)*, Organic Artichoke [leaf] 4:1 Extract (40 mg)*, Organic Ginger [root] 4:1 Extract (36 mg)*, Protease (1622 HUT*), Amylase (563 DU*), Lipase (9 FIP*), Cellulase (7 CU*), ProBioActive™ (<i>Bacillus coagulans</i>) (25,000,000 CFU*)	
Vitamin B-12 (as Methylcobalamin)	67 mcg 1117%		
Biotin	500 mcg 167%		
Pantothenic Acid (as Calcium Pantothenate)	10 mg 100%		
Iodine (from Kelp)	55 mcg 37%		
Zinc (as Citrate)	7 mg 47%		
Selenium (as Selenomethionine)	75 mcg 107%		
Copper (as Amino Acid Chelate)	0.7 mg 35%		
Manganese (as Citrate)	2 mg 100%		
Chromium (as Aminonicotinate)	75 mcg 63%		
Molybdenum (as Amino Acid Chelate)	75 mcg 100%		

* Daily Value (DV) not established.

Other Ingredients: organic brown rice concentrate.
Capsule: vegetable polysaccharide.

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