

SUGGESTED USAGE: Adults take 4 capsules daily. Gentle enough to be taken on an empty stomach or with food. Capsules may be opened to sprinkle on food or mix into a drink.

Nourish yourself and your baby with our research-based formula.* It features a comprehensive range of essential vitamins and minerals, a robust blend of organic fruits and vegetables, plus custom-crafted nutrient blends to support your lifestyle.*

- Organic broccoli, organic kale and bioavailable B vitamins to support your energy needs during pregnancy*
- Organic spirulina and vitamins C, D, E and Zinc to support immune health*
- Probiotics, prebiotics and plant-source enzymes to help ease digestion and promote gut health*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Consult your health care professional prior to use if you are taking medication or have a medical condition.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Prenatal Multivitamin *plus* Energy Support*

Made with Organic Fruits & Vegetables



Vegetarian • Gluten-Free
120 Capsules • Dietary Supplement

Supplement Facts

Serving Size: 4 Capsules
Servings per Container: 30

	Amount Per Serving	%DV*
Vitamin A (as Beta-Carotene)	2500 IU	31%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as Cholecalciferol)	800 IU	200%
Vitamin E (as D-alpha Tocopheryl Succinate)	30 IU	100%
Thiamin (Vitamin B-1)	15 mg	882%
Riboflavin (Vitamin B-2)	17 mg	850%
Niacin (as Niacinamide)	30 mg	150%
Vitamin B-6 (as Pyridoxine HCl)	15 mg	600%
Folic Acid	800 mcg	100%
Vitamin B-12 (as Methylcobalamin)	67 mcg	838%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium Pantothenate)	10 mg	100%
Iron (as Amino Acid Chelate, Ferrous)	18 mg	100%
Iodine (from Kelp)	150 mcg	100%
Zinc (as Citrate)	7 mg	47%
Selenium (as Selenomethionine)	50 mcg	*
Copper (as Amino Acid Chelate)	0.7 mg	35%
Manganese (as Citrate)	1 mg	*
Chromium (as Amino acidinate)	150 mcg	*
Molybdenum (as Amino Acid Chelate)	75 mcg	*
Organic Greens Energy Blend	1080 mg	*
Organic Spirulina, Organic Broccoli [plant] Powder, Organic Kale [leaf] Powder		
Organic Nourish & Protect Blend	240 mg	*
Organic Pomegranate [fruit] 8:1 Extract, Organic Blueberry [fruit] Powder, Organic Lingonberry/Cranberry [fruit] Powder, Organic Beet [root] Powder		
Prebiotic & Probiotic Digestive Support Blend	884 mg	*
Organic Inulin (from Agave sp.) (710 mg*), Organic Ginger [root] 4:1 Extract (80 mg*), Organic Artichoke [leaf] 4:1 Extract (80 mg*), Protease (1622 HUT*), Amylase (563 DU*), Lipase (9 FIP*), Cellulase (7 CU*), Probiotic™ (Bacillus coagulans) (25,000,000 CFU*)		

*Percent Daily Values (%DV) for pregnant and lactating women.

*Daily Value (DV) not established.

Other Ingredients: organic brown rice concentrate.

Capsule: vegetable polysaccharide.

Distributed by Wellnext™ LLC

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Certified Organic by Quality Assurance International