

CODE 330621

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.

Each pack contains:

Mega Men®

Supplement Facts

Serving Size Two Beige Capslets		
Amount Per Serving	% Daily Value	
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	2400 IU	48%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	500%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide & Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate)	200 mg	20%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	25 mg	167%
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Proprietary Amino Acid Blend L-Taurine, L-Methionine, L-Glutamine, L-Carnitine	100 mg	*
Antioxidant Fruit and Vegetable Blend Orange Peel Powder, Pumpkin Seed Meal, Saw Palmetto Berry Extract, Acai Fruit Powder, Cranberry Fruit Powder, Blueberry Pomace Powder, Pomegranate Fruit Powder, Broccoli Powder, Spinach Leaves Powder, Elderberry Fruit Powder, Grape Skin Powder, Tomato Powder	105 mg	*
alpha-Lipoic Acid	25 mg	*
Green Tea Leaf Extract (Camellia sinensis)	40 mg	*
Choline (as Choline Bitartrate)	10 mg	*
Inositol	10 mg	*

Amount Per Serving	% Daily Value	
Silica (as Silicon Dioxide)	4 mg	*
Boron (as Hydrolyzed Protein Chelate)	2 mg	*
Lutemax® 2020 Lutein	950 mcg	*
Lycopene	950 mcg	*
Zeaxanthin	190 mcg	*
Astaxanthin	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycoenides, Caramel Color, Ethyl Vanillin.

CONTAINS: Fish and Soybeans.

ACTUAL SIZE

Saw Palmetto Formula

Supplement Facts

Serving Size One Round Speckled Brown Tablet		
Amount Per Serving	% Daily Value	
Zinc (as Zinc Oxide)	3.75 mg	25%
Saw Palmetto Berry Powder (<i>Serenoa repens</i>)	250 mg	*
Pumpkin Seed Meal Powder (<i>Cucurbita pepo</i>)	40 mg	*
Pygeum Bark Powder (<i>Pygeum africanum</i>)	25 mg	*
Lycopene	500 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, Dicalcium Phosphate, Povidone.

Potency of Zinc verified by GNC procedure #4000.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

ACTUAL SIZE

Triple Ginsa Rush™

Supplement Facts

Serving Size One Light Brown Capsule		
Amount Per Serving		
American Ginseng Root Extract (<i>Panax quinquefolium</i>)(3% Ginsenosides = 6 mg)	200 mg	*
Panax Ginseng Extract (<i>Panax ginseng</i>) (3% Ginsenosides = 6 mg)	200 mg	*
Guarana Seed Extract (<i>Paulinia cupana</i>) (22% Caffeine = 44 mg)	200 mg	*
Eleuthero Root (<i>Eleutherococcus senticosus</i>)	200 mg	*

* Daily Value not established.

Other Ingredients: Gelatin.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

ACTUAL SIZE

Lutemax® 2020 Lutein & Zeaxanthin

Lutemax® 2020 is a trademark of OmniActive Health Technologies.

*Compared to leading brands.

No Artificial Colors, No Wheat, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.

PHYSICIAN ENDORSED*

* This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

Staminol™

Supplement Facts

Serving Size One Brown Capsule		
Amount Per Serving		
Proprietary Blend L-Arginine, Epimedium Extract, Maca Powder (<i>Lepidium meyenii</i>)	100 mg	*
Kola Nut (<i>Kola nitida</i>)	87.5 mg	*
Oat Straw Stems (<i>Avena sativa</i>)	75 mg	*
GABA (gamma-Aminobutyric Acid)	50 mg	*
Nettle Leaf (<i>Urtica dioica</i>)	50 mg	*
Yohimbe Bark Extract (<i>Pausinystalia yohimbe</i>)	30 mg	*
Horny Goat Weed (<i>Epimedium sagittatum</i>)	10 mg	*
Catsuba Bark (<i>Erythroxylum catsuba</i>)	5 mg	*
Muira Root (<i>Ptychopetalum olacoides</i>)	5 mg	*
Damiana Leaf (<i>Tournefortia aphroditiaca</i>)	5 mg	*
Saw Palmetto Berry (<i>Serenoa repens</i>)	5 mg	*

* Daily Value not established.

Other Ingredients: Gelatin, Dicalcium Phosphate.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

ACTUAL SIZE

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

GNC

MEGA MEN® Energy

Dietary Supplement

VITAPAK® PROGRAM FOR ACTIVE MEN

- Multivitamin with 1,600 IU of vitamin D-3
- Boosts energy*
- Promotes mental sharpness*
- Supports immune defense with antioxidants*



PHYSICIAN ENDORSED*

Energy

GNC

MEGA MEN® Energy

GNC Mega Men® Energy Vitapak® Program conveniently combines nutrients and special ingredients designed to support overall health, energy, prostate concerns and virility.

- ✓ **Men's Health**
Our premium timed-release formula includes vitamins and minerals to supplement key nutrients that may be missing in your daily diet. Mega Men® contains 1,600 IU of vitamin D-3 for colon health and immune support, as well as B vitamins that are important for cardiovascular health and energy production.* It is enhanced with a broad spectrum of cell-protecting antioxidant nutrients that also support immune health.*
- ✓ **Staminol™**
A powerful blend of herbs including maca, horny goat weed and yohimbe to help support sexual health.*
- ✓ **Triple Ginsa Rush™**
A superior formula that combines the versatile effects of Panax and American ginsengs with eleuthero root and energizing guarana. This premium formula also supports mental alertness and features standardized ginseng to support vitality.*
- ✓ **Saw Palmetto Formula**
A blend of special ingredients, including pygeum, lycopene and saw palmetto to help support prostate health and normal, healthy urinary flow.* This formula also contains zinc, which is required for normal reproductive function.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.