1 Herbal Complete Body Detox

Supplement Facts

Serving Size 2 Capsules, Servings Per Container 14

Amount Per Serving		% DV
Calcium (from *Algas calcareas*‡)	45 mg	5%
Magnesium (from *Algas calcareas*‡)	3.75 mg	<1%
Detoxify Complex made with organic herbs:	1350 mg	†

Prune fruit powder (*Prunus domestica*)‡
Kelp powder (*Ascophyllum nodosum*)‡
Pullulan prebiotic polysaccharides (from *Aureobasidium pullulans*)
Algas calcareas‡ (supplying naturally occurring calcium and magnesium)
Burdock root powder (*Arctium lappa*)‡
Dandelion root powder (*Taraxacum officinale*)‡
Garlic bulb powder (*Allium sativum*)‡
Dandelion leaf powder (*Taraxacum officinale*)‡
Echinacea angustifolia root powder‡
Fenugreek seed powder (*Trigonella foenum-graecum*)‡
Hibiscus flower powder (*Hibiscus sabdariffa*)‡
Nettle leaf powder (*Urtica dioica*)‡
Turmeric root powder (*Curcuma longa*)‡
Cranberry fruit powder (*Vaccinium macrocarpon*)‡
Apple powder (*Malus domestica*)‡
Oat bran powder (*Avena sativa*)‡
Oregano leaf powder (*Origanum vulgare*)‡
Parsley leaf powder (*Petroselinum crispum*)‡
Milk Thistle seed powder (*Silybum marianum*)‡
Yellow Dock root powder (*Rumex crispus*)‡
Grape seed extract powder (*Vitis vinifera*)‡
Juniper berry powder (*Juniperus communis*)‡

† Daily Value (DV) not established. ‡Organic

Other ingredients: Organic maltodextrin, organic carnauba wax.

2 Fiber Complete Body Colon Cleanse

Supplement Facts

Serving Size 6 Capsules, Servings Per Container 14

Amount Per Serving		% DV
Calcium (from *Algas calcareas*‡)	300 mg	30%
Magnesium (from *Algas calcareas*‡)	25 mg	6%
Cleansing Fiber & Nutrient Complex made with organic herbs:	4600 mg	†

Acacia gum powder (*Acacia seyal*)‡
Prune fruit powder (*Prunus domestica*)‡
Algas calcareas‡ (supplying naturally occurring calcium and magnesium)
Pullulan prebiotic polysaccharides (from *Aureobasidium pullulans*)
Oat Bran powder (*Avena sativa*)‡
Flax seed powder (*Linum usitatissimum*)‡
Olive leaf powder (*Olea europaea*)‡

† Daily Value (DV) not established. ‡Organic

Other ingredients: Organic maltodextrin, organic carnauba wax.

3 Herbal Complete Body Colon Cleanse

Supplement Facts

Serving Size 2 Capsules, Servings Per Container 14

Amount Per Serving		% DV
Calcium (from *Algas calcareas*‡)	90 mg	9%
Magnesium (from *Algas calcareas*‡)	7.5 mg	2%
Eliminate Complex made with organic herbs:	1550 mg	†

Prune fruit powder (*Prunus domestica*)‡
Algas calcareas‡ (supplying naturally occurring calcium and magnesium)
Pullulan prebiotic polysaccharides (from *Aureobasidium pullulans*)
Rhubarb root powder (*Rheum palmatum*)‡
Red Clover herb powder (*Trifolium praetense*)‡
Lactobacillus acidophilus (500 million viable cells at time of manufacture)
Fennel seed powder (*Foeniculum vulgare*)‡
Alfalfa leaf powder (*Medicago sativa*)‡
Marshmallow root powder (*Althaea officinalis*)‡
Slippery Elm bark powder (*Ulmus rubra*)‡

† Daily Value (DV) not established. ‡Organic

Other ingredients: Organic maltodextrin, organic carnauba wax.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

Vegetarian • Gluten Free
Free from artificial colors and preservatives.

Manufactured in a GMP Certified Facility.
Manufactured with LOVE ♥ by **Natural Organics Laboratories, Inc.**, makers of **NATURE'S PLUS,** 9500 New Horizons Blvd, Amityville New York 11701, USA
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Certified Organic by OneCert

Total Body Rejuvenating Cleanse!

The finest herbal internal cleansing products, from Nature's Plus® The Name You Trust!

Nature's Plus® Complete Body Cleanse, made with only organic herbs, is a 3-part, 14-day internal cleansing program designed to recharge your life with the power of revitalizing cleansing energy! In easy-to-swallow vegetarian capsules, **Complete Body Cleanse** consists of an herbal detoxification formula to be taken in the morning, a morning and evening fiber colon cleanser, and an evening herbal colon cleansing formula.

Experience whole-life-enhancing energy as gentle, yet powerful herbs remove accumulated waste and toxins throughout the body and support optimal function of the digestive tract – the 9 Vital Factors of Healthy Elimination.

Detoxify	1 Herbal Complete Body Detox
Sequester	2 Fiber Complete Body Colon Cleanse
Eliminate	3 Herbal Complete Body Colon Cleanse

The 9 Vital Factors of Healthy Elimination

1 Stomach: marshmallow root
2 Small Intestine: garlic, fennel
3 Large Intestine: acacia fiber, flaxseed, rhubarb, oat bran
4 Neuromuscular Control
- **Movement** (peristalsis): dandelion, *Algas calcareas*
- **Containment** (cardiac sphincter and pyloric sphincter control): fennel, apple, grape seed extract

5 Liver: dandelion root, fenugreek, milk thistle, turmeric, burdock, garlic
6 Lymphatic System: echinacea
7 Kidneys: parsley, dandelion leaf, nettle
8 Blood: kelp, burdock, turmeric
9 Lungs: garlic, oregano, turmeric, fenugreek

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

READ AND FOLLOW ALL DIRECTIONS ON PACKAGE INSERT.
All three products are part of each day's cleansing program for 14 days.

1 Herbal Complete Body Detox

Directions: Take 2 capsules each morning on an empty stomach.

WARNING: Do not use this product if you are pregnant or nursing. Consult your health care practitioner before using this or any other cleansing product if you are trying to become pregnant, taking medication or have a medical condition. Not for prolonged use. Do not exceed recommended serving.

2 Fiber Complete Body Colon Cleanse

Directions: Option 1: Take 3 capsules in the morning with 8 ounces of water and 3 capsules in the evening with 8 ounces of water. Option 2: Take 6 capsules in the evening with 8 ounces of water. If bowel elimination slows, decrease to 3 capsules daily. **Drink plenty of water while using this product**.

Notice: Taking this supplement without adequate liquid (at least 8 oz. of water) may cause choking. Do not use this supplement if you have difficulty in swallowing, acute cough or obstructed bowel.

3 Herbal Complete Body Colon Cleanse

Directions: Take 2 capsules each night with 8 ounces of water.

WARNING: Do not use if you are pregnant or nursing. Consult your health care practitioner if you are trying to become pregnant, taking medication, or have a medical condition.

Notice: This product contains rhubarb. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because rhubarb may worsen these conditions**. Consult your physician if you have frequent diarrhea.

Made with only organic herbs, the Nature's Plus® line of herbal internal cleansing products includes a variety of programs and formulations for everyone:

- **Fresh Start Cleanse**, a two-week, morning and evening program for individuals new to cleansing who wish to promote daily bowel regularity
- **Complete Body Cleanse**, a 14-day program for those who wish to promote daily bowel regularity, which includes an Herbal Detox formula and two colon cleansing formulas
- **Quick Body Cleanse**, a 7-day program for experienced cleansers

Experience the revitalizing energy that can only come from powerful cleansing supplements made with organic ingredients to address the 9 Vital Factors of Healthy Elimination.

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