

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

Magnesium plays many roles in supporting overall health. Specifically, magnesium promotes healthy bones and teeth.[†] In addition, it supports the heart, female health, and is involved in energy production.[†]

By creating this supplement as a chelated mineral, our **Chelated Magnesium** is more easily and efficiently absorbed by the body.

**We Guarantee Our Supplements
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

[†] THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Amino Acid
**CHELATED
MAGNESIUM**
250 mg

Promotes Heart, Bone, and Female Health[†]

Dietary Supplement

90 TABLETS



Supplement Facts

Serving Size 1 Tablet
Servings Per Container 90

Amount Per Serving	% Daily Value
Magnesium (from magnesium oxide, amino acid chelate)	250 mg 63%

OTHER INGREDIENTS: CELLULOSE, DICALCIUM PHOSPHATE, MODIFIED CELLULOSE GUM, STEARIC ACID (VEGETABLE SOURCE), SILICA, MAGNESIUM STEARATE (VEGETABLE SOURCE), GLUTAMIC ACID, PROTEIN HYDROLYSATE (MILK), TITANIUM DIOXIDE AND GLYCERIN.

SUGGESTED USE: Take one tablet up to two times daily with food.

KEEP OUT OF REACH OF CHILDREN. VVL 682-90M

