

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

As a component of hemoglobin, iron is needed to carry oxygen throughout the body. Additional iron may be needed for menstruating women, individuals consuming limited animal protein, and vegetarians.†

This product contains 29 mg of elemental iron. By creating this supplement as a chelated mineral, our amino acid **Chelated Iron** is more easily and efficiently absorbed by the body.†

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison center immediately.

**We Guarantee Our Supplements
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Amino Acid

CHELATED IRON 29 mg

Promotes Healthy Red Blood Cells†

Dietary Supplement



90 VEGETARIAN TABLETS

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 90

Amount Per Serving	% Daily Value
Iron (from amino acid chelate)	29 mg 161%

OTHER INGREDIENTS: STEARIC ACID (VEGETABLE SOURCE), MODIFIED CELLULOSE GUM, SILICON DIOXIDE, CELLULOSE, DANDELION (LEAF), WATERCRESS (HERB), CALCIUM STEARATE (VEGETABLE SOURCE).

SUGGESTED USE: Take one tablet daily with food.

KEEP OUT OF REACH OF CHILDREN. VVL 681-90J

