

SUGGESTED USAGE: Adults take 4 capsules daily. Gentle enough to be taken on an empty stomach or with food. Capsules may be opened to sprinkle on food or mix into a drink.

Feel vibrant and energized for the life you want to live with our advanced, research-based formula.* It features a comprehensive range of vitamins and minerals targeted for a woman's distinct health needs, a robust blend of organic fruits and vegetables, plus custom-crafted nutrient blends to support your lifestyle.*

- Organic rhodiola, organic green tea and bioavailable B vitamins for balance, energy and mood support*
- Organic spirulina and vitamins C, D, E and Zinc to support immune health*
- Probiotics, prebiotics and plant-source enzymes to help ease digestion and promote gut health*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Consult your health care professional prior to use if you are pregnant, nursing, taking medication or have a medical condition.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Women's Multivitamin plus Balance & Energy*

Made with Organic Fruits & Vegetables



Vegetarian • Gluten-Free

120 Capsules • Dietary Supplement

Supplement Facts

Serving Size: 4 Capsules
Servings per Container: 30

Amount Per Serving %DV	Amount Per Serving %DV
Vitamin A (as Beta-Carotene) 2500 IU 50%	Women's Balance & Energy Blend 308 mg *
Vitamin C (as Ascorbic Acid) 60 mg 100%	Organic Rhodiola [root] 4:1 Extract, Organic Dong Quai [root] 4:1 Extract, Organic Green Tea [leaf] 5:1 Extract, Organic Red Clover [flower, leaf] 4:1 Extract, DIM (Diindolymethane) Complex
Vitamin D (as Cholecalciferol) 1000 IU 250%	Organic Antioxidant Fruit & Vegetable Blend 1076 mg *
Vitamin E (as D-alpha-Tocopheryl Succinate) 30 IU 100%	Organic Spirulina, Organic Lingonberry/ Cranberry [fruit] Powder, Organic Acai [fruit] Powder, Organic Lycium [fruit] 7:1 Extract, Organic Pomegranate [fruit] 8:1 Extract, Organic Blueberry [fruit] Powder, Organic Broccoli [plant] Powder, Organic Kale [leaf] Powder, Organic Beet [root] Powder
Thiamin (Vitamin B-1) 25 mg 1667%	Prebiotic & Probiotic Digestive Support Blend 798 mg *
Riboflavin (Vitamin B-2) 25 mg 1471%	Organic Inulin (from Agave sp.) (660 mg*), Organic Milk Thistle [seed] 4:1 Extract (48 mg*), Organic Artichoke [leaf] 4:1 Extract (40 mg*), Organic Ginger [root] 4:1 Extract (36 mg*), Protease (1622 HUT*), Amylase (563 DU*), Lipase (9 FIP*), Cellulase (7 CU*), ProBioActive™ (Bacillus coagulans) (25,000,000 CFU*)
Niacin (as Niacinamide) 30 mg 150%	
Vitamin B-6 (as Pyridoxine HCl) 20 mg 1000%	
Folic Acid 800 mcg 200%	
Vitamin B-12 (as Methylcobalamin) 67 mcg 1117%	
Biotin 500 mcg 167%	
Pantothenic Acid (as Calcium Pantothenate) 10 mg 100%	
Iron (as Amino Acid Chelate) 4 mg 22%	
Iodine (from Kelp) 75 mcg 50%	
Zinc (as Citrate) 5 mg 33%	
Selenium (as Selenomethionine) 50 mcg 71%	
Copper (as Amino Acid Chelate) 0.5 mg 25%	
Manganese (as Citrate) 1 mg 50%	
Chromium (as Aminonicotinate) 150 mcg 125%	
Molybdenum (as Amino Acid Chelate) 75 mcg 100%	

* Daily Value (DV) not established.

Other Ingredients: organic brown rice concentrate.
Capsule: vegetable polysaccharide.

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