

Nature's Plus **MIGHTY LEAN** is a revolutionary nutritional breakthrough designed to ignite your personal fitness plan to new heights. Each power-packed, ephedra-free capsule unites the numerous benefits of energizing herbal extracts and patented metabolic factors with the exhilarating effects of adaptogenic Rhodiola, Eleuthero and Korean Ginseng. **MIGHTY LEAN** is perfect for individuals seeking to lose those stubborn pounds quickly and safely.

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, take three capsules daily with 8 ounces of water. Individuals weighing under 150 lbs. may wish to begin use with one or two capsules per day for the first week. Use as part of a reduced fat diet and exercise program.

WARNINGS: Do not take in the evening. Do not exceed 6 capsules per day. Not intended for persons under 18 years of age. Do not use if you are allergic to tyramine or chocolate. The recommended serving of this product contains about as much caffeine as a cup of coffee (100 mg) and should not be taken by individuals wishing to eliminate caffeine from their diet. Limit use of caffeine-containing medications, foods and beverages while taking this product, because too much caffeine may cause nervousness, irritability, sleeplessness and, occasionally, rapid heartbeat.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 3 Capsules Servings Per Container 30

	Amount Per Serving	%DV
Vitamin B12 (as cyanocobalamin)	500 mcg	8333%
Chromium (as chromium polynicotinate,* chloride)	120 mcg	100%
Proprietary MIGHTY LEAN Herbal Blend Guarana Seed‡, Spirulina, Cacao Fruit (<i>Theobroma cacao</i>) (Metabromineтм)‡, Green Tea (<i>Camellia sinensis</i> leaf)‡	620 mg	†
Rhodiola (<i>Rhodiola rosea</i> root) (with standardized rosavin, salidroside, polyphenols, beta-vicianosides, rosin and rosaring	300 mg	t
Korean Ginseng (<i>Panax Ginseng</i> root) (standardized 15% [37.5 mg]	ginsenosides) 250 mg	†
CITRIMAX (<i>Garcinia cambogia</i> fruit extract, standardized 50% [50 mg] [-]hydroxycitrate)	100 mg	†
ForsLean® (Coleus forskohlii extract) (with standardized forsko	olin) 100 mg	†
Conjugated Linoleic Acid (CLA)** (standardized 1:1 c9-t11:t10	-c12) 100 mg	†
Eleuthero (<i>Eleutherococcus senticosus</i> root) (standardized 0.8% [0.4 mg] eleutherosides)	50 mg	†
Bioperine® (from <i>Piper nigrum</i> fruit) (standardized to 95% [0.95 mg] 1-piperoylpiperidine)	1 mg	†
†Daily Value (DV) not established.		

Other ingredients: Energy Blend (proprietary blend of creatine monohydrate, alpha lipoic acid and glutamine), gelatin, microcrystalline cellulose, magnesium stearate, silica and purified water. Contains soy and milk. ‡Standardized extract



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