

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Magnesium is an essential electrolyte mineral involved in maintaining proper cardiovascular, nerve, and muscle health.[†] The primary function is to activate enzymes. More than half of the body's magnesium is stored in the bones, 27% in muscle and the remainder in soft body tissues, cells and fluids. Magnesium is critical in energy production.

Our **Mega Magnesium**[®] contains a combination of three different forms of magnesium.

**We Guarantee Our Supplements
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

MEGA MAGNESIUM[®]

Promotes Optimal Muscle, Nerve,
and Bone Health[†]

Dietary Supplement



90 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Magnesium (from amino acid chelate, citrate and malate)	400 mg 100%
Malic acid	222 mg *

* Daily Value not established

OTHER INGREDIENTS: VEGETARIAN CAPSULE (CELLULOSE), SILICON DIOXIDE, MAGNESIUM STEARATE (VEGETABLE SOURCE).

SUGGESTED USE: Take three capsules daily, preferably with meals, in divided doses, or as directed by your healthcare practitioner.

KEEP OUT OF REACH OF CHILDREN.

VVL 610-90N

