

SUGGESTED USE: Take three tablets daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Meeting daily calcium requirements is important to maintain bone density and strength, as is obtaining an adequate supply of magnesium. These important minerals, in our **Chelated Cal-Mag** supplement, also support muscle and nerve function and promote healthy bones and teeth.[†] Betaine HCl is added to optimize the absorption of these minerals.[†]

Chelating minerals also improves absorption of these important nutrients, creating a premium source of calcium and magnesium.

**We Guarantee Our Supplements
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

[†] THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Amino Acid
**CHELATED
CAL-MAG**
Plus Betaine HCl
Helps Maintain Healthy Bones[†]

Dietary Supplement



100 VEGETARIAN TABLETS

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 33.3

Amount Per Serving	% Daily Value	
Calcium (from calcium carbonate, calcium malate, amino acid chelate)	1,000 mg	100%
Magnesium (from magnesium oxide, magnesium malate, amino acid chelate)	500 mg	125%
L-Glutamic Acid	150 mg	*
Betaine HCl	10 mg	*

* Daily Value not established.

OTHER INGREDIENTS: CELLULOSE, MODIFIED CELLULOSE GUM, STEARIC ACID (VEGETABLE SOURCE), MAGNESIUM STEARATE (VEGETABLE SOURCE), SILICA, TITANIUM DIOXIDE, GLYCERIN.

KEEP OUT OF REACH OF CHILDREN.

VVL 605-100M

