

## Nutritional Support for Healthy Blood.\*

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

**DIRECTIONS:** As a dietary supplement, two capsules daily.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.**

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

\*\***OptiZinc®** is a registered trademark of InterHealth N.I.

\*\*\***BioPERINE™** is a registered trademark and patented product of Sabinsa Corp.



**Vcaps®** is a trademark of Capsugel®

Manufactured with LOVE ♥ by

**Natural Organics Laboratories, Inc.,** makers of **Nature's Plus**

9500 New Horizons Blvd., Amityville, New York 11701, USA

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**PRODUCT NO. 3772**



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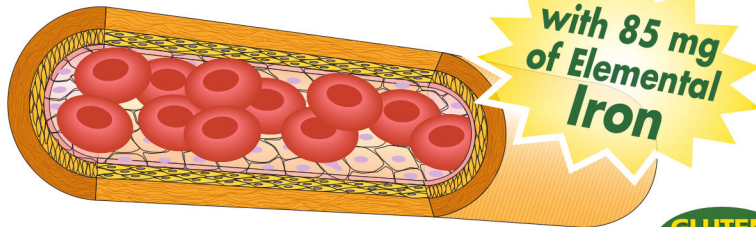
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Now with  
**Methylcobalamin  
& Methylfolate!**

# Natures Plus®

# HEMA-PLEX®

## NUTRITIONAL SUPPLEMENT FOR TOTAL BLOOD HEALTH



with 85 mg  
of Elemental  
Iron

**GLUTEN  
Free**

**60 FAST-ACTING** **Vegetarian  
CAPSULES**

## Supplement Facts

Serving Size 2 Capsules, Servings per Container 30

| Amount Per Serving                                                                                                                          |         | % DV  |
|---------------------------------------------------------------------------------------------------------------------------------------------|---------|-------|
| Vitamin C (Proprietary Esterified Complex – as ascorbyl palmitate, ascorbic acid, magnesium ascorbate, potassium ascorbate, zinc ascorbate) | 300 mg  | 500%  |
| Vitamin E (as d-alpha tocopheryl acetate)                                                                                                   | 30 IU   | 100%  |
| Thiamin (vitamin B1) (as thiamine HCl)                                                                                                      | 25 mg   | 1667% |
| Riboflavin (vitamin B2)                                                                                                                     | 25 mg   | 1470% |
| Niacin (as niacinamide)                                                                                                                     | 50 mg   | 250%  |
| Vitamin B6 (as pyridoxine HCl)                                                                                                              | 25 mg   | 1250% |
| Folate (as calcium-L-5-methyltetrahydrofolate)                                                                                              | 400 mcg | 100%  |
| Vitamin B12 (as methylcobalamin)                                                                                                            | 500 mcg | 8333% |
| Pantothenic Acid (as calcium pantothenate)                                                                                                  | 25 mg   | 250%  |
| Calcium (as amino acid chelate/complex)                                                                                                     | 25 mg   | 3%    |
| Iron (as amino acid chelate/complex)                                                                                                        | 85 mg   | 472%  |
| Zinc (as monomethionine**)                                                                                                                  | 5 mg    | 33%   |
| Selenium (as amino acid complex)                                                                                                            | 10 mcg  | 14%   |
| Copper (as amino acid chelate)                                                                                                              | 2 mg    | 100%  |
| Manganese (as amino acid chelate/complex)                                                                                                   | 5 mg    | 250%  |

|                                                                                                                                                 |        |   |
|-------------------------------------------------------------------------------------------------------------------------------------------------|--------|---|
| L-Cysteine (free form amino acid)                                                                                                               | 50 mg  | † |
| Proanthoplex (Proprietary Proanthocyanidin/ Bioflavonoid Complex: Lemon Bioflavonoids, Bilberry, Blackberry, Green Tea, Black & Red Raspberry)‡ | 25 mg  | † |
| Beet ( <i>Beta vulgaris</i> )                                                                                                                   | 15 mg  | † |
| Bioperine*** ( <i>Piper nigrum</i> fruit extract) (stand. 95% [2.37 mg] 1-piperoylpiperidine)                                                   | 2.5 mg | † |

†Daily Value (DV) not established. ‡See website for details.

Other ingredients: Vegetable cellulose, microcrystalline cellulose, ferrous fumarate, calcium carbonate, manganese sulfate, magnesium stearate, silica, chlorophyll, spinach (*Spinacia oleracea* leaf), broccoli (*Brassica oleracea* floret), shattered cell wall chlorella, spirulina, di-calcium phosphate and purified water.