

For more information:
1-888-462-2548

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Distributed by:
General Nutrition Corp.
Pittsburgh, PA 15222
Made in the USA

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Potencies verified by GNC procedure #5015. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

KEEP OUT OF REACH OF CHILDREN
Store in a cool, dry place.

GNC MULTI

Solotron[®]

DIETARY SUPPLEMENT

the essential multivitamin
30 mg B-complex
NutraSeal™ freshness coating
one-per-day formula

240 TABLETS

34
INGREDIENTS

CODE 150832

LCG

Directions: As a dietary supplement, take one tablet daily with food.

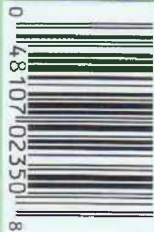
Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene, 50% as Acetate)	10000 IU 200%	Magnesium (as Magnesium Oxide)	30 mg 8%
Vitamin C (as Ascorbic Acid)	200 mg 333%	Zinc (as Zinc Oxide)	30 mg 300%
Vitamin D (as Ergocalciferol)	400 IU 100%	Selenium (as Sodium Selenate)	25 mcg 36%
Vitamin E (as Natural d-alpha Tocopheryl Succinate)	30 IU 100%	Copper (as Copper Gluconate)	500 mcg 25%
Vitamin K (as Phytonadione)	25 mcg 31%	Manganese (as Manganese Sulfate)	5 mg 250%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	30 mg 2000%	Chromium (as Chromium Chloride)	20 mcg 21%
Riboflavin (Vitamin B-2)	30 mg 1765%	Molybdenum (as Sodium Molybdate)	25 mcg 33%
Niacin (as Nicotinamide)	30 mg 150%	Potassium (as Potassium Chloride)	30 mg 1%
Vitamin B-6 (as Pyridoxine Hydrochloride)	30 mg 1500%	Choline Bitartrate	30 mg *
Folic Acid	400 mcg 100%	para-Aminobenzoic Acid (PABA)	25 mg *
Vitamin B-12 (as Cyanocobalamin)	30 mcg 500%	Citrus Bioflavonoid Complex	10 mg *
Biotin	30 mcg 10%	Green Tea Leaves Extract (Camellia sinensis)	5 mg *
Pantothenic Acid (as Calcium d-Pantothenate)	30 mg 300%	N-Acetyl-L-Cysteine (NAC)	500 mcg *
Calcium (as Calcium Carbonate)	60 mg 6%	Lutein	300 mcg *
Iron (as Ferrous Fumarate)	18 mg 100%	Boron (as Boron Gluconate)	100 mcg *
Iodine (as Potassium Iodide)	150 mcg 100%	Inositol	30 mcg *
		Vanadium (as Sodium Metavanadate)	10 mcg *
		Silicon (as Silicon Dioxide)	10 mcg *

* Daily Value not established.

Other Ingredients: Cellulose, Vegetable Acetoglycerides.



Lot No./Best By: