

**SUGGESTED USAGE:** Take 2 tablets daily with food, or as directed by your healthcare practitioner.

**HOW IT WORKS:** As co-factors in numerous biochemical reactions, B Complex vitamins are critical for energy production and the proper metabolism of carbohydrates, fats, and proteins.\* B Vitamins are also important for the maintenance of normal nervous system function, blood cell production, and countless other metabolic processes.\* Our CoEnzyme B Complex has a balanced combination of B Vitamins in their activated CoEnzyme states in an enteric-coated tablet to preserve ingredient integrity through the harsh acidic environment of the stomach, and intact delivery to intestinal absorption sites.\*

**CAUTIONS/INTERACTIONS:** If you are pregnant/nursing, consult your healthcare practitioner before using this product.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place after opening. Please Recycle.

CODE  
P0405

V7

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ENTERIC  
COATED

PROTOCOL  
FOR LIFE BALANCE®

# CoEnzyme B Complex

With Alpha Lipoic Acid  
and CoQ10

- Nervous System Health\*

60 Tablets

A Dietary Supplement  
Vegetarian/Vegan



## Supplement Facts

Serving Size 2 Tablets    Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (from Magnesium Ascorbate)	60 mg	100%
Thiamin (Vit. B-1) (from Thiamin HCl and Cocarboxylase)	50 mg	3333%
Riboflavin (as Riboflavin & from Riboflavin-5-Phosphate Sodium)	50 mg	2941%
Niacin (Vitamin B-3) (from Inositol Hexanicotinate and NAD Trihydrate)	100 mg	500%
Vitamin B-6 (from Pyridoxine HCl and P-5-P Monohydrate)	50 mg	2500%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Methylcobalamin and Dibenzoide)	250 mcg	4167%
Biotin	300 mcg	100%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate and Pantethine)	50 mg	500%
Betaine	50 mg	†
Alpha Lipoic Acid	50 mg	†
Choline (from Choline Bitartrate)	25 mg	†
PABA (Para-aminobenzoic Acid)	25 mg	†
Inositol (from Inositol Hexanicotinate, Inositol Hexaphosphate and Inositol)	30 mg	†
CoQ10 (Coenzyme Q10)	400 mcg	†

† Daily Value not established.

Other ingredients: Cellulose, Silica, Magnesium Stearate (vegetable source), Croscarmellose Sodium and Enteric Coating.

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