Magnesium is an essential nutrient required for muscle and brain activities, nerve function, and bone health. † Sixty percent of the body's magnesium is stored in the bones, and over 25% is stored in muscle. Dietary surveys show that many people are susceptible to magnesium deficiency. Our **Chewable Magnesium** provides highly bioavailable citrate and chelated forms in a chevable alternative for those who have difficulty swallowing tablets.

We Guarantee Our Supplements for Potency and Purity

To report a serious adverse event, call 1-888-710-0006
†These statements have not been evaluated by the food and drug administration.
This product is not intended to diamnes, treat, cipie, or prevent any disease.

Crème Flavored

Chewable MAGNESIUM 125 mg

Amino Acid Chelate, Citrate

Promotes Muscle, Nerve, Bone and Heart Health†

Dietary Supplement

50 VEGETARIAN WAFERS

Supplement Facts

Serving Size One Wafer Servings Per Container 50

Amount Per Serving % Daily Value

OTHER INGREDIENTS: FRUCTOSE, MANNITOL, CELLULOSE, STEARIC ACID (VEGETABLE SOURCE), MAGNESIUM STEARATE (VEGETABLE SOURCE), SILICA, NATURAL ORANGE, STEVIA.

Magnesium (amino acid chelate, citrate)....... 125 mg

SUGGESTED USE: Chew one or more wafers daily with food.

CONTAINS NO artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

KEEP OUT OF REACH OF CHILDREN.

VVL 609-50A

