

**Nutritional Support for Natural Energy Production
and Overall Well-Being.***

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy, milk, rye, gluten and iodine.

DIRECTIONS: As a dietary supplement, two tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**

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Made with **Vitashine™**

PRODUCT NO. 3045



Vegetarian Hypo-Allergenic

Nature's Plus®

The Energy Supplements®

Multi-Vitamin & Mineral Dietary Supplement

NUTRI-GENIC®

FOR SENSITIVE PEOPLE



90 Tablets



Supplement Facts

Serving Size 2 Tablets, Servings Per Container 45

	Amount Per Serving	%DV
Vitamin A (as beta carotene)	10,000 IU . . .	200%
Vitamin C (as calcium ascorbate, ascorbic acid)	500 mg . . .	833%
Vitamin D3 (as cholecalciferol from Lichen)	400 IU . . .	100%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU . . .	667%
Thiamin (vitamin B1) (as thiamine HCl)	50 mg . . .	3333%
Riboflavin (vitamin B2)	40 mg . . .	2353%
Niacin (as niacinamide)	75 mg . . .	375%
Vitamin B6 (as pyridoxine HCl)	50 mg . . .	2500%
Folate (as calcium-L-5-methyltetrahydrofolate)	400 mcg . . .	100%
Vitamin B12 (as methylcobalamin)	75 mcg . . .	1250%
Biotin	50 mcg . . .	17%
Pantothenic Acid (as calcium pantothenate)	75 mg . . .	750%
Calcium (as ascorbate)	50 mg . . .	5%
Iron (as gluconate)	10 mg . . .	56%
Magnesium (as gluconate)	25 mg . . .	6%
Zinc (as gluconate)	15 mg . . .	100%
Manganese (as gluconate)	6 mg . . .	300%
Potassium (as citrate)	10 mg . . .	<1%
Inositol	75 mg	†
Choline (as bitartrate)	32 mg	†
Bioflavonoids (from <i>Citrus limon</i> exocarp)	25 mg	†
Betaine HCl	25 mg	†
Rutin (from <i>Sophora japonica</i> leaf)	20 mg	†
PABA (para-aminobenzoic acid)	15 mg	†
Papain (from papaya)	10 mg	†
Hesperidin (from <i>Citrus sp.</i>)	5 mg	†

†Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, stearic acid, vegetable cellulose, magnesium stearate, rice bran, silica, magnesium oxide, zinc sulfate and pharmaceutical glaze.