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SUGGESTED USE
 SHAKE WELL BEFORE USING
 Add 1 full squeeze of the dropper bulb
 to 2 oz. of water or juice, 2 to 4 times
 per day. Best taken between meals.
Keep Out of the Reach of Children
 Store away from heat & light

008

BLESSED THISTLE

OPTIMAL WELL-BEING *



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)



Blessed Thistle Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
Blessed Thistle flowering herb (<i>Cnicus benedictus</i>) Ⓞ extract 664 mg Ⓞ	†
† Daily Value (DV) not established	

Other Ingredients: certified organic cane alcohol (43-53%) & distilled water. **Non-GMO & Gluten-Free**

Ⓞ Certified Organic

Ⓢ Extraction rate 140 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 5

We prepare our Blessed Thistle Extract from the flowering herb of **certified organically grown** *Cnicus benedictus* plants.

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.