

For more information:
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Distributed by:
General Nutrition Corp.
Pittsburgh, PA 15222
Made in the USA

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 5. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

GNC MULTI

Solotron®

DIETARY SUPPLEMENT

*the essential multivitamin
30 mg B-complex
NutraSeal™ freshness coating
one-per-day formula*

90 TABLETS

34
INGREDIENTS

CODE 150822

LC6

Directions: As a dietary supplement, take one tablet daily with food.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene, 50% as Acetate)	10000 IU 200%	Magnesium (as Magnesium Oxide)	30 mg 8%
Vitamin C (as Ascorbic Acid)	200 mg 333%	Zinc (as Zinc Oxide)	30 mg 200%
Vitamin D (as Ergocalciferol)	400 IU 100%	Selenium (as Sodium Selenate)	25 mcg 38%
Vitamin E (as Natural d-alpha Tocopheryl Succinate)	30 IU 100%	Copper (as Copper Glycinate)	500 mcg 25%
Vitamin K (as Phyttonadione)	25 mcg 31%	Manganese (as Manganese Sulfate)	5 mg 250%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	30 mg 2000%	Chromium (as Chromium Chloride)	25 mcg 221%
Riboflavin (vitamin B-2)	30 mg 1765%	Molybdenum (as Sodium Molybdate)	25 mcg 33%
Niacin (as Niacinamide)	30 mg 150%	Potassium (as Potassium Chloride)	30 mg 1%
Vitamin B-6 (as Pyridoxine Hydrochloride)	30 mg 1500%	Choline Bitartrate	30 mg
Folic Acid	400 mcg 100%	para-Aminobenzoic Acid (PABA)	25 mg
Vitamin B-12 (as Cyanocobalamin)	30 mcg 500%	Citrus Bioflavonoid Complex	10 mg
Biotin	30 mcg 10%	Green Tea Leaves Extract (Camellia sinensis)	5 mg
Pantothenic Acid (as Calcium d-Pantothenate)	30 mg 300%	N-Acetyl-L-Cysteine (NAC)	500 mcg
Calcium (as Calcium Carbonate)	60 mg 6%	Lutein	300 mcg
Iron (as Ferrous Fumarate)	18 mg 100%	Boron (as Boron Gluconate)	100 mcg
Iodine (as Potassium Iodide)	150 mcg 100%	Inositol	38 mcg
		Vanadium (as Sodium Metavanadate)	10 mcg
		Silicon (as Silicon Dioxide)	10 mcg

* Daily Value not established

Other Ingredients: Cellulose, Vegetable Acetoglycerides.

KEEP OUT OF REACH OF CHILDREN Store in a cool, dry place.



Lot No./Best By: