Contains No Added sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) softgel capsule, three (3) times dally with meals, or as directed by a health care professional. Keep out of reach of children.

QUALITY AND POTENCY GUARANTEED.

Our borage and organic flax seed oils are 100% cold expeller pressed and Hexane Free. REFRIGERATE AFTER OPENING.

Our fish oil is molecularly distilled to remove PCB's, dioxins and heavy metals such as lead and mercury. The process also reduces oxidation of the oil and helps keep it fresh and stable.

These statements have not been evaluated by the FDA. Product is not intended to diagnose, treat, cure, or prevent any diseases.



Formulated for: Vitabase.com Monroe, GA 30656



Complete Essential Fatty Acids

From Borage Oil, Organic Flax Seed, and Fish Oil



Supplement Facts Serving Size: 1 Softgel Capsule	Amount	% DV
Calories	11	
Calories From Fat	11	
Total Fat	1.2 g	2%1
Vitamin E (as d-alpha tocopherol)	10 iu	33%
Borage seed oil (Borago officinalis)	400 mg	**
Flax seed oil*** (Linum usitatissimum)	400 mg	7.7
Deep sea fish oil	400 mg	**
Alpha Linolenic Acid (ALA)	226 ma	**
Cis-Linoleic Acid (LA)	210 mg	4.6
Docosahexaenoic Acid (DHA)	46 mg	**
Eicosapentaenoic Acid (EPA)	69 mg	**
Gamma-Linolenic Acid (GLA)	82 mg	44
Oleic Acid	204 mg	**

^{**} Daily Value Not Established

Other Ingredients: Gelatin, glycerin and water.

*** From Organic Flax Seed Oil, Flax oil is a source of alpha linolenic acid (omega-3), cis-linoleic acid (omega-6) and oleic acid (omega-9). Borage oil is a source of gamma-linolenic acid (omega-6) and cis-linoleic acid (omega-6). Fish oil provides docosahexaenoic acid (omega-3) and eicosapentaenoic acid (omega-3).

Percent Daily Values are based on a 2,000 calorie diet.