

	Amount Per Serving	% Daily Value
Alpha-ketoglutaric acid	2 mg	**
Glutathione (reduced)	2 mg	**
N-Acetyl L-Cysteine	2 mg	**
Mixed carotenoids (Betatene®)	1000 mcg	**
Vanadium (as vanadyl sulfate)	100 mcg	**
Alpha-lipoic acid	40 mcg	**
Proprietary Blend Containing: Ginkgo biloba leaf extract, 24% flavonoglycosides and 6% triterpenes, Grape seed (<i>Vitis vinifera</i>) extract, 50% polyphenols, Green tea leaf (<i>Camellia sinensis</i>) extract, 40% polyphenols, Hawthorn berry (<i>Crataegus oxyanthus</i>) extract, Garlic bulb (<i>Allium sativum</i>) extract (deodorized), and Citrus bioflavonoids complex.		
	50 mg	**
Branched Chain Amino Acid Blend Containing: L-leucine, L-isoleucine and L-valine, Tribulus fruit (<i>Tribulus terrestris</i>) extract, and Cordyceps (<i>Cordyceps sinensis</i>) extracts.		
	175 mg	**
Proprietary Blend Containing: Oriental ginseng root (Panax ginseng) extract, American ginseng root (Panax quinquefolium) extract, Eleuthero root (<i>Aconthopanax senticosus</i>) extract, and Red sage root (<i>Salvia officinalis</i>) extract.		
	150 mg	**
** Daily Value (DV) not established		

OTHER INGREDIENTS: Microcrystalline cellulose, croscarmellose sodium, magnesium stearate vegetable, silicon dioxide, and opadry coating.

DIRECTIONS: As a dietary supplement, take two (2) tablets daily with a meal.

STORAGE: Keep tightly closed in a cool, dry place.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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BBLBL102 / SUP ACTM 30 Rev. 02/19/09

- 21 vitamins and minerals
- With branched-chain amino acids to maximize training results and muscle recovery*

BODY TONING FORMULA



ActiVit®

Vitamins for Active People

CORE
nutrition

30-DAY SUPPLY 60 TABLETS DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as palmitate)	5000 IU	100%
Vitamin C (as ascorbic acid)	120 mg	200%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	30 IU	100%
Thiamin (as mononitrate)	40 mg	2667%
Riboflavin	4 mg	235%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	8 mg	400%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	20 mcg	333%
Biotin	300 mcg	100%
Pantothenic acid (as d-calcium pantothenate)	15 mg	150%
Calcium (as calcium carbonate)	110 mg	11%
Iodine (from Atlantic kelp)	75 mcg	50%
Magnesium (as magnesium oxide)	220 mg	55%
Zinc (as amino acid chelate)	7.5 mg	50%
Selenium (as L-selenomethionine)	70 mcg	100%
Copper (as amino acid chelate)	2.4 mg	120%
Manganese (as amino acid chelate)	1 mg	50%
Chromium (as amino acid chelate)	240 mcg	200%
Molybdenum (as amino acid chelate)	75 mcg	100%
Kola nut (<i>Cola acuminata</i>) extract	75 mg	**
L-Tyrosine	25 mg	**
L-Taurine	20 mg	**
Choline (as bitartrate)	20 mg	**
L-Glutamine	15 mg	**
DMAE (as bitartrate)	12 mg	**
Inositol	10 mg	**
Para-aminobenzoic acid	10 mg	**
L-Methionine	5 mg	**
L-Carnitine	3 mg	**