

store sealed in a cool dry place

KEEP OUT OF THE REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations

1 to 2 capsules once or twice daily with food or as directed by your healthcare professional.

Warning

If pregnant, consult your physician before taking.

CONTAINS NO COATINGS, BINDERS, YEAST, WHEAT, GLUTEN, MILK/DAIRY, CORN PROTEIN, SOY PROTEIN, EGGS, SUGAR, HYDROGENATED OIL, ARTIFICIAL COLORING, ARTIFICIAL FLAVORING, OR PRESERVATIVES.

MADE IN THE USA



Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.


VITAL
NUTRIENTS

Iron Plus C
20mg/200mg



cGMP

DIETARY SUPPLEMENT

100 CAPSULES

**VEG
CAPS**

Supplement Facts

serving size: 1 capsule

servings per container: 100

	amount per serving	% daily value
Vitamin C (ascorbic acid)	200mg	333%
Iron (as iron aspartate)	20mg	111%

Other Ingredients: Cellulose Powder, Vegetable Cellulose Capsule, Magnesium Silicate, and Ascorbyl Palmitate.

Independently tested for authenticity, potency, solvent residue, stability and bacteria, yeast and mold counts.

manufactured by
VITAL NUTRIENTS

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