

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations: 1-3 teaspoons daily
with food or as directed by your
healthcare professional.

Warning: If pregnant, consult your physician
before taking.

CONTAINS NO HYDROGENATED OIL, ARTIFICIAL COLORING,
FLAVORING OR PRESERVATIVES.

TRIGLYCERIDE FORM/MOST BIOAVAILABLE
Triple Molecular Distilled

Nitrogen packed for stability
Product of Norway

Made from Herring, Sardines, and Anchovies

Independently tested for Dual Rancidity
(Peroxides and Acid Value), Mercury, Lead,
Arsenic, Cadmium, EPA and DHA levels,
PCBs, Dioxin and Dioxin like compounds,
stability and bacteria, yeast and mold counts.

LEMON
FLAVOR




VITAL
NUTRIENTS

Ultra Pure
Fish Oil 'RS'
(Regular Strength)
Pharmaceutical Grade

DIETARY SUPPLEMENT

200ml

REFRIGERATE AFTER OPENING

Supplement Facts

serving size: 1 teaspoon (5ml)
servings per container: 40

	amount per serving	% daily value
Calories	40	
Calories from Fat	40	
Total Fat	4.5g	7%†
Saturated Fat	1g	5%†
Polyunsaturated Fat	2g	†
Monounsaturated Fat	1g	†
Cholesterol	15g	5%
Total Omega 3 Fats	1400-1700mg**	*
** (Triglyceride Form)		
EPA (eicosapentaenoic acid)	740-825mg	*
DHA (docosahexaenoic acid)	460-550mg	*
Other Omega 3 Fatty Acids	200-325mg	*
† Percent Daily Values are based on a 2000 calorie diet		
* Daily Value not established		

Other Ingredients: Natural Lemon Flavor, Antioxidant Blend
(rosemary leaf extract, ascorbyl palmitate, and natural tocopherols).

manufactured for
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA

REV. 911